

Doctor's Brief Curriculum Vitae

Name and Title:

NIKOLAOS P. SPYRIDIS

Professor Paediatric Infectious Diseases

Chair, Department of Paediatrics

Mitera Hospital



Education:

1989: High School Diploma

1990-1996: Medical Degree,

Faculty of Medicine, University of Pécs (English Program)

1997: License to Practice Medicine (Prefecture of Athens)

1997-1998: Rural Medical Service, Melpeia Health Center, Messinia

1998-1999: Military Service, Hellenic Air Force – Medical Officer

2000-2004: Specialty Training in Pediatrics (London, Athens)

2004: Specialty Title in Pediatrics

2004-2005: Registrar in Pediatrics, London, UK

2005-2009: Subspecialty Training in Pediatric Infectious Diseases, London, UK

2007: Doctorate (PhD) – Grade: *Excellent*

2007-2009: Fellowship in Pediatric Infectious Diseases,

European Society for Paediatric Infectious Diseases (ESPID), London, UK

2009-2013: Lecturer in Pediatrics,

2nd Department of Pediatrics, National and Kapodistrian University of Athens (NKUA),

“Aglaias Kyriakou” Children’s Hospital

2013: Assistant Professor of Pediatrics – Infectious Diseases,

2nd Department of Pediatrics, NKUA, “Aglaias Kyriakou” Children’s Hospital

2017: Tenured Assistant Professor of Pediatrics – Infectious Diseases,

2nd Department of Pediatrics, NKUA, “Aglaias Kyriakou” Children’s Hospital

2018: Subspecialty Title in Infectious Diseases (Greece)

2021: Associate Professor of Pediatric Infectious Diseases,

2nd Department of Pediatrics, NKUA, “Aglaias Kyriakou” Children’s Hospital

2022: Director, Pediatric Department, “MITERA” Hospital

Memberships:

1998-Present: Athens Medical Association (Reg. No. 44914, 27/7/98)

1998-Present: General Medical Council, UK (Full Registration, Reg. No. 4566526)

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Professional Experience:

Core Training in Pediatrics and Pediatric Infectious Diseases

Pediatric Specialty:

- General Pediatrics & Neonatology, Pembury Hospital, UK
- Pediatric Neurology, Guy's Hospital, London, UK
- General Pediatrics, St Thomas' Hospital, London, UK
- Neonatology, Guy's Hospital, London, UK
- 2nd Department of Pediatrics, NKUA, "P. & A. Kyriakou" Children's Hospital

Registrar in Pediatrics:

- Registrar, General Pediatrics Department, St Thomas' Hospital, London

Subspecialty Training in Pediatric Infectious Diseases:

- Fellow, Department of Microbiology/Infectious Diseases, St Thomas' Hospital, London
- Fellow, Pediatric Infectious Diseases Department, St George's Hospital, London

Membership in Scientific Societies

- European Society for Paediatric Infectious Diseases (ESPID)
- International Union Against Tuberculosis and Lung Disease (IUATLD)
- BPAIIG (British Paediatric Allergy, Immunology and Infection Group)
- Steering Committee, Pediatric Infectious Diseases Society of America (PIDS)
- Hellenic Society for Pediatric Infectious Diseases

Participation in Scientific and Institutional Committees

- Chair, Antibiotic Stewardship Committee (OEKOXA), "P. & A. Kyriakou" Children's Hospital (2016–present)
- Member, Hospital Infection Control Committee, "P. & A. Kyriakou" Children's Hospital (2014–present)
- Member, Scientific Council, "P. & A. Kyriakou" Children's Hospital (2015–2016)
- Member, Coordinating Committee, Postgraduate Program "Pediatric Infectious Diseases," NKUA (2016)
- Representative of the "Mother–Child Health Department" at the General Assembly of the NKUA Medical School (Assistant Professor rank) (2016–2017)
- Member, "Home Pediatric Care" Committee, under the auspices of the Hellenic Ministry of Health (2021)
- Chair, Infection Control Committee, "P. & A. Kyriakou" Children's Hospital (2021)
- Vice Chair, COVID-19 Response Committee for Pediatric Hospitals, 1st Health District (2021)
- Member, Expert Committee on COVID-19, NKUA (2021)
- Member, Ministry of Health Committee on the Specialty of Pediatric Infectious Diseases

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(2024)

- Director, Pediatric Department, "MITERA" Hospital (2023)
- Member, Scientific Council, "MITERA" Hospital (2023–2024)

Clinical & Research Interests

Research Work:

- **Master's Thesis:**

"Role of *Helicobacter pylori* in the Development of Gastritis and Peptic Ulcer in Childhood"

- **Doctoral Dissertation:**

"Short Chemoprophylaxis Regimen in Children with Tuberculous Infection"

Published in: Clinical Infectious Diseases (2007) 45(6): 715–722

- **Funded Studies:**

– "APEC Study: Antimicrobial Prescribing in European Children"

(Fellowship and Funding: European Society for Paediatric Infectious Diseases – ESPID)

– EU-funded study (DG Sanco): *Antimicrobial Prescribing and Resistance in European Children (ARPEC)*

– ESPID-funded Workshop: *Collaborative Research Meeting on Hospital-Acquired Infections in Europe*, Athens, March 15–16, 2018

– **RANIN:** Reducing Antibiotics and Nosocomial Infections in Kids

– **NEONIN:** Neonatal Infection Surveillance Network

– **GARPEC:** Global Antimicrobial Resistance, Prescribing and Efficacy Among Neonates and Children

– **CLEO I-II:** Center for Clinical Epidemiology and Outcomes Research

– **COMBACTE-CARE EURECA Study**

– **EUROCANDY Study**

– **Team-Coach Project**

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