

Doctor's Brief Curriculum Vitae

Name and Title:

Stergios E. Douvetzemis, MD, PhD, FRCS, FEBS, CEBS

Director of the 4th Breast Clinic, Metropolitan General

Associate Professor, UNIC Athens Medical School



Specialty:

Oncoplastic Breast Surgeon – General Surgeon

Place of work & Position

- Director of the 4th Breast Clinic, Metropolitan General
- Associate Professor, UNIC Athens Medical School, University of Nicosia
- Director of Department “Basic and Clinical Sciences”, UNIC Athens Medical School
- Deputy Academic Lead for all the HHG Hospitals, University of Nicosia Medical School
- Oncoplastic Breast Surgeon, Hygeia Hospital, Mitera Hospital, Metropolitan Hospital

Education:

- 2007 Degree in Medicine, Medical School National and Kapodistrian University of Athens (MD)
- 2019 Doctor of Philosophy, Medical School National and Kapodistrian University of Athens (PhD)
- 2016 Title of Medical Speciality of Surgery (CCT)
- 2017 Fellow of the Royal College of Surgeons of England (FRCS)
- 2018 Fellow of the European Board of Surgery (FEBS). Qualification in Breast Surgery
- 2021 Επίσημη Ευρωπαϊκή Πιστοποίηση στη Χειρουργική Ογκολογία του Μαστού BRESO (CEBS)

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Professional Experience:

- Currently: Director of the 4th Breast Clinic, Metropolitan General
- Currently: Oncoplastic Breast Surgeon, Hygeia Hospital, Mitera Hospital, Metropolitan Hospital
- 2016 – 2022: Oncoplastic and Reconstructive Breast Surgeon in London, at Guy's and St Thomas' NHS Foundation Trust, initially in the capacity of Senior Clinical Fellow and subsequently Consultant and Clinical Governance Lead for Breast Surgery
- 2017 – 2022: Academic posts in the School of Medicine of King's College London, initially in the capacity of Clinical Lecturer and subsequently Senior Lecturer
- 2012 – up to date: Scientific Associate in the Department of Anatomy and Surgical Anatomy, at the Medical School of the National and Kapodistrian University of Athens
- 2011 – 2016 Specialty Training post in General Surgery at General Hospital of Athens "Evangelismos"
- 2009 – 2010 Specialty Training post in the Department of General Surgery at General Hospital of Sparta, Greece
- 2008 – 2009 Navy as a medical doctor

Publications / Research:

PUBLICATIONS:

- Potter S, Avery K, Ahmed R, de Boniface J, Chatterjee S, Dodwell D, Dubsky P, Federmann J, Finestone S, Gnant M, Hlauschek D, Iwata H, Jiang MY, Kaidar-Person O, Lee HB, MacKenzie M, Meyn A, Poortmans P, Poulakaki F, Richardson AL, Sepulveda KA, Spillane AJ, Thompson AM, Werutsky G, Wittmann P, Wright JL, Zdenkowski N, Cowan K, McIntosh SA; PRECEDENT Study Group. A core outcome set for locoregional treatment reporting in neoadjuvant systemic breast cancer treatment trials. NPJ Breast Cancer. 2025 Oct;11(1):116
- Potter S, Mullan R, Cain H, St John ER, Barry P, Massanat Y, Harvey J, Fairhurst K, Morgan A, Perkins M, Mann GB, Lippey J, Cowan K, Blencowe N, McIntosh SA; TADPOLE Trial Management Group and the TADPOLE-TOGETHER Collaborative. Safe and transparent introduction and evaluation of targeted axillary dissection in patients with node-positive breast cancer undergoing primary surgery: international consensus process. BJS Open. 2025 Oct;9(6):zraf121

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- Vidya R, Khosla M, Baek K, Vinayagam R, Thekkinkattil D, Laws S, Douvetzemis S, Sircar T, Mullapudi A, Murphy J. Prophylactic Use of Negative Pressure Wound Therapy in High-risk Patients Undergoing Oncoplastic and Reconstructive Breast Surgery. *Plastic & Reconstructive Surgery-Global Open* 2023 Dec; 11(12):p e5488
- Spyrou I, Irakleidis F, Douvetzemis S, Hamed H, Kothari A. Encysted papillary carcinoma of the breast (EPC): A follow-up study to investigate the role of sentinel lymph node biopsy. *Archives of breast cancer*. 2020 Nov; 7(4):178-182
- Douvetzemis S, Natsis K, Piagkou M, Kostares M, Demesticha T, Troupis T. Accessory muscles of the anterior thoracic wall and axilla. Cadaveric, surgical and radiological incidence and clinical significance during breast and axillary surgery. *Folia Morphologica*. 2019 Jan; 78(3):606-616
- Douvetzemis S. Management of Occult Breast Cancer with Axillary Involvement. *Hellenic Journal of Surgery*. 2018 Jan; 90(1):33-35
- Venieratos D, Samolis A, Piagkou M, Douvetzemis S, Kouroutzoglou A, Natsis K. The chondrocoracoideus muscle: A rare anatomical variant of the pectoral area. *Acta Medica Academica*. 2017 Nov; 46(2):155-161
- Douvetzemis S, Kokkinos C. Small bowel obstruction due to metastatic breast cancer. *Hellenic Journal of Surgery*. 2015 Sept; 87(5):419-422
- Papoulas M. and Douvetzemis S. Ancient Greek Terminology in Hepatopancreatobiliary Anatomy and Surgery. *Isr Med Assoc J*. 2015 Aug; 17(8):467-469
- Kambourakis C, Papaeuthimiou Z, Douvetzemis S, et al. Encapsulating peritoneal sclerosis – review of the literature seizing the opportunity of a case. *Hellenic Journal of Surgery*. 2015 May; 87(3):251-257

PUBLISHED ABSTRACTS:

- Natsiopoulos I, Venizelos V, Xepapadakis G, Markopoulos C, Iosifidou R, Tsoulos N, Giannoulakis S, Kapetsis G, Psyrris A, Saridaki Z, Nikolaidi A, Savvidou A, Mpoutis A, Mpoukovinas I, Kotsakis A, Christopoulou A, Saloustros E, Mavroudis D, Aggelaki S, Assi A, Tzanninis D, Grosomanidis D, Fountzila E, Lala E, Ignatiadou E, Skondra M, Zagouri F, Koumariannou A, Kosmidis P, Douvetzemis S, Papazisis, Anastasakou K, Pavlidou F, Kampletsas E, Poulakaki F, Simpilidis G, Triantafyllidou S, Stathouloupoulou M. The prognostic and predictive value of Oncotype DX in ER+/HER2-/pT2N0, cM0 Breast Cancer Patients. *Clin Cancer Res*. 2025; 31 (12_Supplement): P4-07-30.
- Venizelos V, Iosifidou R, Markopoulos C, Xepadakis G, Τσούλος Ν, Giannoulakis S, Kapetsis G, Psyrris A, Saridaki Z, Natsiopoulos I, Nikolaidi A, Savvidou A, Mpoutis A,

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- Mpoukovinas I, Kotsakis A, Christopoulou A, Saloustros E, Mavroudis D, Aggelaki S, Assi A, Tzanninis D, Grosomanidis D, Fountzila E, Lala E, Ignatiadou E, Skondra M, Zagouri F, Koumarianou A, Kosmidis P, Douvetzemis S, Papazisis K, Anastasakou K, Pavlidou F, Kampletsas E, Poulakaki F, Simpilidis G, Triantafyllidou S, Stathoulopoulou M. PR status cannot predict Oncotype DX recurrence score: a study in a Greek cohort of N0M0/ER+/PR-/HER2- breast cancer patients tested with Oncotype DX. Clin Cancer Res. 2025; 31(12_Supplement), P4-09-29.
- Vidya R, Khosla M, Baek K, Vinayagam R, Thekkinkattil D, Laws S, Douvetzemis S, Sircar T, Mullapudi N, Murphy J. Multi-centre evaluation of NPWT in high-risk patients undergoing oncoplastic breast surgery. European Journal of Surgical Oncology. 2023; 49(5):e243.
 - Khosla M, Vidya R, Baek K, Vinayagam R, Prusty L, Thekkinkattil D, Laws S, Douvetzemis S. (2022). Multi-centre prospective evaluation of negative pressure wound therapy (NPWT) in patients undergoing oncoplastic breast surgery. Brazilian Breast Cancer Symposium 2022.13-13.10.29289/259453942022V32S2012.
 - Mullapudi N., Vinayagam R., Clayden-Lewis C., Kothari A., Douvetzemis S., Sircar T., Vidya R., Laws S. Negative pressure wound therapy in high risk breast procedures (negative pressure PICO study group). European Journal of Surgical Oncology. 2020; 46(6):e47
 - Lapatsanis D, Douvetzemis S, Kohilas N. Total Vertical Gastric Plication As A Bariatric Surgical Technique. Five Years Evaluation Of The Method And Postoperative Patients' Quality Of Life. Obesity Surgery. 2014; 1264-1264
 - Lapatsanis D, Kohilas N, Sarhosi S, Douvetzemis S, Kontaksis V, Papaefthimiou Z, Roukounakis N, Prigouris S. Postoperative Rhabdomyolysis After Bariatric Operation. Obesity Surgery. 2013; 1078-1078
 - Lapatsanis D, Douvetzemis S, Kohilas N, Kontaxis V, Papaefthimiou Z, Roukounakis N, Prigouris S. Surgical Weight Reduction Improves Obesity-Associated Morbidity and Patients' Quality of Life. Obesity Surgery. 2013; 1161-1161.
 - Lapatsanis D, Kohilas N, Kontaxis V, Douvetzemis S, Papaefthimiou Z, Roukounakis N, Prigouris S. Discovery of Gastric Tumors During a Bariatric Operation. Obesity Surgery. 2013; 1177-1177
 - Piagkou Maria & Skandalakis Panayiotis & Repousi Elpida & Apostolidis Stelios & Douvetzemis Stergios & Natsis Konstantinos. An Anatomical Study Of Wormian Bones In A Greek Modern Population. Rev Arg de Anat Clin. 2013; 5(2): 97-151
 - Piagou M, Makri A, Piagos G, Douvetzemis S, Nikolakis G. Rhinocerebral mucormycosis: a rare but life-threatening opportunistic infection in diabetic patients. Diabetologie und Stoffwechsel. 2007; 2-A37

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BOOK CHAPTERS:

- Douvetzemis, S.E., Kovacs, T. (2020). Concept, Principles and Indication of Oncoplastic Breast Surgery: Fashion or Necessity. In: Klimberg, V., Kovacs, T., Rubio, I. (eds) Oncoplastic Breast Surgery Techniques for the General Surgeon. Springer, Cham. https://doi.org/10.1007/978-3-030-40196-2_1
- Douvetzemis, S.E., Kovacs, T. (2020). Free Nipple Graft. In: Klimberg, V., Kovacs, T., Rubio, I. (eds) Oncoplastic Breast Surgery Techniques for the General Surgeon. Springer, Cham. https://doi.org/10.1007/978-3-030-40196-2_26

UK NATIONAL AUDITS:

Lead investigator for Guy's and St Thomas' NHS Foundation Trust Breast Unit for the National Negative Pressure Audit (PICO audit) 2018-2019. United Kingdom

UK CLINICAL AUDITS:

Encysted Papillary Carcinoma of the Breast. Can SLNB be safely omitted? A review in the literature and a presentation of our Guy's and St Thomas' Breast Surgery data over the last eight years. (Project numb:7137)

S. Douvetzemis, K. Zacharioudakis, P. Menon, H. Hamed.

Breast Service Multidisciplinary Team, 7th Away Day, March 14 2017, Guy's and St Thomas' NHS Foundation Trust, London, United Kingdom

Scientific Interests

Breast surgical oncology, reconstructive breast surgery, oncoplastic breast surgery, breast cancer genetics, breast oncology, benign breast diseases, pre-cancerous breast conditions

Honors & Awards

- 1st Award at the 9th Panhellenic Conference of the Hellenic Society of Breast Surgeons, November 2023, Athens, Greece
- 3rd Award at the XXVIII European Federation Congress of the International College of Surgeons: Surgical Challenges During a Time of Crisis, April 2014, Thessaloniki, Greece
- Award «M. Stavrakis» at the 7th Panhellenic Congress of plastic, constructive and cosmetic surgery, October 2005, Loutraki, Greece

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Languages:

- English (Excellent)
- Italian (Very Good)
- German (Good)

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