

Doctor's Brief Curriculum Vitae



Name and Title:

Andreas - Evripides Gravvanis, MD, PhD, FEBOPRAS

Specialty:

Consultant Plastic Surgeon - Microsurgeon

Place of work & Position

Head of Plastic, Reconstructive and Aesthetic Surgery Metropolitan Hospital of Athens

Education:

- Athens University Faculty of Medicine. Graduation (1996): grade "Very Good"
- PhD Thesis entitled "Microsurgical repair of nerve lesions with nerve and inside-out vein grafts; the effect of Nerve Growth Factor-7S" awarded by Athens University Faculty of Medicine (2002), grade: "Excellent".
- Fellow of the European Board of Plastic – Reconstructive and Aesthetic Surgery EBOPRAS Examinations, (2006)

Professional Experience:

- January 2018 - today: Head of Plastic, Reconstructive Microsurgery and Aesthetic Surgery in Metropolitan Hospital of Athens.
- December 1, 2008 – December 2017: Consultant Plastic Surgeon with interest in Microsurgery. Department of Plastic Surgery - Microsurgery and Burn unit, General State Hospital of Athens "G. Gennimatas".
- August 1, 2009 – October 30, 2009: EURAPS/AAPS fellowship based at Plastic Surgery Department, MD Anderson Cancer Center, Houston, Texas, USA
- November 5, 2007 – November 30, 2008: Consultant Plastic Surgeon with special interest in Breast Reconstruction/Microsurgery, Queen Victoria Hospital, Foundation Trust, NHS, East Grinstead, UK
- October 1, 2007 – November 4, 2007: Fellow in Plastic Surgery – Microsurgery (equivalent to Senior Registrar) based at St. Andrew's Centre, Broomfield Hospital, Chelmsford, UK.
- July 1st 2007-September 30, 2007: Fellow in Plastic Surgery-Microsurgery, Gent University Plastic Surgery Department, Belgium, sponsored by the European Association of Plastic Surgeons (EURAPS) scholarship
- October 1, 2006 – June 30, 2007: Fellow Post in Plastic Surgery – Microsurgery (equivalent to Senior Registrar) based at St. Andrew's Centre, Broomfield Hospital, Chelmsford, UK.

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- October 1, 2006 – May 2008: Consultant Plastic Surgeon in Advanced Cosmetic Surgery Europe Ltd, Ireland (part time)
- May 1, 2006 – September 30, 2006: Consultant Plastic Surgeon in Advanced Cosmetic Surgery Ltd, Ireland
- February 2, 2006 – April 26, 2006: Associate specialist in Plastic Surgery. Department of Plastic Surgery - Microsurgery and Burn unit, General State Hospital of Athens "G. Gennimatas"
- December 30, 2004- November 22, 2005: Chief Resident in Plastic Surgery Department of Plastic Surgery - Microsurgery and Burn unit, General State Hospital of Athens "G. Gennimatas"
- January 2, 2004-December 29, 2004: Fellow in Microsurgery, Chang Gung Memorial Hospital, Dept of Plastic Surgery, Microsurgical Team, under the supervision of Prof. D. Chuang, sponsored by "Hanno Millesi" scholarship.
- November 23, 2001-January 1, 2004: Resident in Plastic Surgery. Department of Plastic Surgery - Microsurgery and Burn unit, General State Hospital of Athens "G. Gennimatas"

Publications/research

Published Book

Clinical Scenarios in Reconstructive Microsurgery: Strategy and Operative Techniques. SPRINGER, reference work, 2023

Editors: Andreas Gravvanis, Despoina Kakagia, Venkat Ramakrishnan

Publications

1. Direct-to-Implant, Prepectoral Breast Reconstruction: A Single-Surgeon Experience with 201 Consecutive Patients.

Gravvanis A, Venizelos V. Plast Reconstr Surg. 2021 Jul 1;148(1):142e-143e.

2. Mandibular Condyle Reconstruction With Fibula Free-Tissue Transfer: The Role of the Masseter Muscle.

Gravvanis A, Anterriiotis D, Kakagia D. J Craniofac Surg. 2017 Nov;28(8):1955-1959.

3. Single stage aesthetic and functional reconstruction of composite facial gunshot wound with a chimeric functioning muscle and fibular osseous flap. Case report and review of the literature.

Gravvanis A, Apostolou K, Anterriiotis D, Tsoutsos D. Microsurgery. 2017 Sep;37(6):674-679.

4. Burn injuries and soft tissue traumas complicated by mucormycosis infection: a report of six cases and review of the literature.

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Kyriopoulos EJ, Kyriakopoulos A, Karonidis A, Gravvanis A, Gamatsi I, Tsironis C, Tsoutsos D. Ann Burns Fire Disasters. 2015 Dec 31;28(4):280-287.

5. Dermal Matrix for Intraoral Lining Following Composite Mandibular Defect Reconstruction With Chimeric Fibular Osseocutaneous Flap.

Gravvanis A, Kakagia D, Katsikeris N, Tsoutsos D. J Craniofac Surg. 2016 Oct;27(7):1711-1714.

6. The distally based, venous supercharged anterolateral thigh flap.

Gravvanis A, Britto JA. Microsurgery. 2017 Jul;37(5):461-462. doi: 10.1002/micr.30085.

7. Gravvanis A, Kakagia D, Samouris G, Galani E, Tsoutsos D. Tips and Outcomes of a New DIEP Flap Inset in Delayed Breast Reconstruction: The Dual-Plane Technique. J Reconstr Microsurg. 2016 Jun;32(5):366-70.

8. Gravvanis A, Koumoullis HD, Anterriotis D, Tsoutsos D, Katsikeris N. Recurrent giant mandibular ameloblastoma in young adults. Head Neck. 2016 Apr;38 Suppl 1:E1947-54. doi: 10.1002/hed.24352. Epub 2015 Dec 30.

9. Gravvanis A, Samouris G, Galani E, Tsoutsos D. Dual plane diep flap inset: Optimizing esthetic outcome in delayed autologous breast reconstruction. Microsurgery. 2015 Sep;35(6):432-40.

10. Gravvanis A, Kakagia D, Haidopoulos D, Tsoutsos D. Secondary total vagina reconstruction after total pelvic exenteration using the transverse musculocutaneous gracilis flap. J Plast Reconstr Aesthet Surg. 2015 Sep;68(9):1319-20.

11. Flap reconstruction of the knee: A review of current concepts and a proposed algorithm. Gravvanis A, Kyriakopoulos A, Kateros K, Tsoutsos D.

World J Orthop. 2014 Nov 18;5(5):603-13

12. Changes in donor site selection in lower limb free flap reconstructions by integrating duplex ultrasonography in the preoperative design.

Gravvanis A, Kateros K, Apostolou K, Karakitsos D, Tsoutsos D. Acta Chir Plast. 2013;55:3-9.

13. Refining perforator selection for deep inferior epigastric perforator flap: the impact of the dominant venous perforator.

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Gravvanis A, Tsoutsos D, Papanikolaou G, Diab A, Lambropoulou P, Karakitsos D. Microsurgery. 2014 Mar;34(3):169-76.

14. Angiosarcoma of the nasal septum mimicking reticulohistiocytoma.

Gravvanis A, Lagogiannis G, Kyriakopoulos A, Keramidas T, Kakiopoulos G, Tsoutsos D. J Craniofac Surg. 2013 May;24(3):e276-9.

15. Integrating imaging techniques in lower limb microsurgical reconstruction: focusing on ultrasonography versus computed tomography angiography.

Gravvanis A, Petrocheilou G, Tsoutsos D, Delikonstantinou I, Karakitsos D.

In Vivo. 2013 May-Jun;27(3):371-5. Review.

16. Femoral vessels as recipient for free tissue transfer coverage of around-the-knee defects.

Gravvanis A, Delikonstantinou I, Chatzidakis PK, Tsoutsos D. Microsurgery. 2013 May;33(4):333-4.

17. Strategies for recognizing and managing intraoperative vascular insufficiency in abdominally based autologous breast reconstruction.

Gravvanis A, Delikonstantinou I, Karonidis A, Tsoutsos D.

Plast Reconstr Surg. 2012 Nov;130(5):743e-744e; author reply 745e.

18. Reverse flow free fillet flap to resurface ring finger avulsion injury.

Gravvanis A, Kakagia D, Tsoutsos D. Microsurgery. 2012 Jul;32(5):418-9.

19. Aesthetic and anatomic subunit reconstruction of composite mandibular gunshotwound.

Gravvanis A, Iconomou T, Tsoutsos D, Katsikeris N. J Craniofac Surg. 2012 Mar;23(2):e95-8

20. Impact of portable duplex ultrasonography in head and neck reconstruction.

Gravvanis A, Tsoutsos D, Delikonstantinou I, Dimitriou V, Katsikeris N, Karakitsos D.

J Craniofac Surg. 2012 Jan;23(1):140-4

21. The use of Integra artificial dermis to minimize donor-site morbidity after suprafascial or subfascial dissection of the radial forearm flap.

Gravvanis A, Lagogiannis G, Delikonstantinou I, Trigkatzis P, Katsikeris N, Tsoutsos D.

Microsurgery. 2011 Sep;31(6):502-4.

22. Changes in arterial blood flow of free flaps after the administration of sildenafil in swine.

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Gravvanis A, Papalois A, Delikonstantinou I, Pentilas N, Zogogiannis I, Tsoutsos D, Karakitsos D. *Microsurgery*. 2011 Sep;31(6):465-71.

23. Real-time ultrasound-guided subclavian vein cannulation versus the landmark method in critical care patients: a prospective randomized study.

Fragou M, Gravvanis A, Dimitriou V, Papalois A, Kouraklis G, Karabinis A, Saranteas T, Pouliaras J, Papanikolaou J, Davlouros P, Labropoulos N, Karakitsos D. *Crit Care Med*. 2011 Jul;39(7):1607-12.

24. Foucher first dorsal metacarpal artery flap versus littler heterodigital neurovascular flap in resurfacing thumb pulp loss defects.

Delikonstantinou IP, Gravvanis AI, Dimitriou V, Zogogiannis I, Douma A, Tsoutsos DA. *Ann Plast Surg*. 2011 Aug;67(2):119-22.

25. Reconstruction of the weight-bearing surface of the foot with integra-grafted latissimus dorsi muscle flap.

Gravvanis A, Deliconstantinou I, Tsoutsos D. *Microsurgery*. 2011 Feb;31(2):162-3.

26. Shaping the breast in secondary microsurgical breast reconstruction: single- vs. two-esthetic unit reconstruction.

Gravvanis A, Smith RW. *Microsurgery*. 2010 Oct;30(7):509-16.

27. The wash-out technique in the management of delayed presentations of extravasation injuries.

Dionyssiou D, Chantes A, Gravvanis A, Demiri E. *J Hand Surg Eur Vol*. 2011 Jan;36(1):66-9.

28. The retrograde limb of the internal mammary vein in the swine model: a sufficient outflow option in free tissue transfer.

Gravvanis A, Tsoutsos D, Papalois A, Karabinis A, Dimitriou V, Karakitsos D.

Plast Reconstr Surg. 2010 Apr;125(4):1298-9; author reply 1299.

29. Portable duplex ultrasonography: A diagnostic and decision-making tool in reconstructive microsurgery.

Gravvanis A, Karakitsos D, Dimitriou V, Zogogiannis I, Katsikeris N, Karabinis A, Tsoutsos D. *Microsurgery*. 2010 Jul;30(5):348-53.

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30. Paramuscular and paraneural perforators in DIEAP flaps: radiographic findings and clinical application.

Gravvanis A, Dionyssiou DD, Chandrasekharan L, Francis I, Smith RW. Ann Plast Surg. 2009 Dec;63(6):610-5.

31. Preservation of venous outflow improves transverse rectus abdominis musculocutaneous flap survival following vascular delay.

Tsoutsos D, Gravvanis A, Kakagia D, Ghali S, Papalois A. Acta Chir Plast. 2009;51(1):11-4.

32. Venous augmentation of Distally Based Pedicled ALT flap to reconstruct the Tibial Tuberosity in a Severely Injured Leg

Gravvanis A, Britto J. Annals Plastic Surgery 2009 Mar;62(3):290-2

33. Avoiding Denervation of Rectus Abdominis in DIEAP Flap Harvest: The Importance of Paraneural Perforators

Gravvanis A, Dionyssiou D, L. Chakandresan, I. Francis, R. Smith Plastic Reconstructive Surgery 2009 Apr;123(4):1395-7

34. Management of Inguinal Lymphadenopathy: Immediate Sartorius Transposition and Reconstruction of Recurrence with Pedicled ALT flap

Gravvanis A, Caulfield RH, Mateur B, Ramakrishnan V. Annals of Plastic Surgery 2009 Sep;63(2):307-10.

35. Aesthetic Restoration of Poland's Syndrome in a Male Patient using free ALT flap as Autologous filler.

Gravvanis A, R. Shirley, S. Lo. Microsurgery 2009;29(6):490-4.

36. Dermal Skin Template for the Management of Multiple Cutaneous Leiomyomas

Gravvanis A, Kakagia D, Papadopoulos S, Tsoutsos D

Journal Cutaneous Medicine Surgery 2009 Mar-Apr;13(2):102-5.37. Retrograde Dissection of the Vascular Pedicle of Deep Inferior Epigastric Artery Perforator (DIEAP) Flap

A. Gravvanis, N. Niranjan Annals of Plastic Surgery 2008 Apr;60(4):395-7.

38. Recipient vessel exposure in the axilla during microvascular breast reconstruction

Gravvanis A, Caulfield RH, Ramakrishnan V, Niranjan N.

Journal Reconstructive Microsurgery. 2008 Nov;24(8):595-8.

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39. Management of Prominent Ears with Conchal Setback, Minimal Access Anterior Scoring, and Retention Sutures: A Reliable Approach, Applicable in all Prominent Ears

Gravvanis A. Aesthetic Plastic Surgery 2008 Sep;32(5):820-2.

40. A simple innovation to improve recipient vessel exposure in the axilla during microvascular breast reconstruction with DIEAP flap.

Gravvanis A, Caulfield RH, Ramakrishnan V, Niranjan N. Microsurgery. 2008;28(4):301-2.

41. Upper Cervicothoracic Sympathetic block increases blood supply of unipedicled TRAM flap. Dimosthenis Tsoutsos, Despoina Kakagia, Andreas Gravvanis, Thomas Iconomou, Myron Tsagkarakis, Ioannis Zogogiannis, Vassilios Dimitriou Annals Plastic Surgery 2008 Sep;61(3):247-51.

42. The use of Integra artificial dermis to minimize donor site morbidity after suprafascial dissection of the radial forearm flap

Gravvanis A, D. Tsoutsos, T. Iconomou, G. Gremoutis Microsurgery 2007 27(7): 583-587

43. Aesthetic restoration of Poland Syndrome in a female patient by endoscopically assisted technique

Gravvanis A, P. Panayotou, D. Tsoutsos Acta Chirurg Plastic 2007 49(2): 37-39

44. Burned breast reconstruction by expanded bio-engineered skin equivalent.

D. Tsoutsos, D. Kakagia, Gravvanis A , Zapandiotti P, Stratigos A.

J Burn Care Res. 2007 28(3): 530-53245. Blood Perfusion of Free Anterolateral Thigh Perforator Flap: Its Beneficial Effect in the

Reconstruction of Infected Wounds in the Lower Extremity

A. Gravvanis, D. Tsoutsos, D. Karakitsos, T. Iconomou, O. Papadopoulos

World Journal of Surgery 2007 Jan;31(1):11-8.

46. The application of the pedicled Anterolateral thigh perforator flap to cover defects from the Pelvis to the Knee.

A. Gravvanis, D. Tsoutsos, D. Karakitsos, P. Panagiotou, T. Iconomou, O. Papadopoulos

Microsurgery 2006; 26(6): 432-438

47. The beneficial effect of genetically engineered Schwann cells with enhanced motility

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in peripheral nerve regeneration. Review

A. Gravvanis, A. Lavdas, A. Papalois, D. Tsoutsos, R. Matsas, J.Ioannovich.

Acta Neurochirurgica 2007;100:51-6.

48. Catastrophic Antiphospholipid Syndrome Following Severe Maxillofacial Trauma

treated effectively with combined therapy in the Intensive Care Unit.

D. Karakitsos, T. Saranteas, J. Pouliaras, E. Paramythiotou, A. Gravvanis, A. Karabinis, K.

Mourouzis, P. Brennan J Trauma. 2008 Feb 12; [Epub ahead of print]

49. Percutaneous vs conventional tracheostomy in burned patients with inhalation injury.

A. Gravvanis, D. Tsoutsos, T. Iconomou, S. Papadopoulos

World Journal of Surgery 2005 Dec 29 (12):1571-5

50. Medial gastrocnemius muscle flap vs distally based anterolateral thigh flap:

conservative or modern approach to the exposed knee joint?

A. Gravvanis, T. Iconomou, P. Panayotou, D. Tsoutsos Plast Reconstr Surg 2005 116(3):932-4

51. Penile resurfacing with Vascularized Fascia Lata.

A. Gravvanis, D. Tsoutsos, T. Iconomou, S. Papadopoulos Microsurgery 2005 25(6): 462-468

52. The effect of genetically modified Schwann cells with increased motility in end-to-side
nerve grafting.

A. Gravvanis, A. Lavdas, A. Papalois, I. Franceschini, D. Tsoutsos, M. Dubois-Dalq, R.

Matsas, J.Ioannovich. Microsurgery 2005; 25(5):423-432

53. Collagen tube lined with genetically modified Schwann cells with increased motility:
a new promising bioartificial nerve graft.

A. Gravvanis, A. Lavdas, D. Tsoutsos, A. Papalois, R. Matsas, J.Ioannovich.

European Surgery (2005) 37(4): 1-954.

54. Prefabricated hair-bearing temporal island flap for two different facial aesthetic
subunit reconstructions. D. Tsoutsos, A. Gravvanis, J. Ioannovich. European Journal of Plastic
Surgery 2005 July 27(8) 394-396.

55. Experimental isolation and allo-transplantation of hepatocytes with the use of
antibody against interleukin - 2 receptor as immunosuppressive agent ”.

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I. Tsiolis, A. Papalois, I. Loukopoulos, A. Gravvanis, E. Lykoudis, E. Theodossopoulou, A. Chairakaki, D. Dimitroulopoulos, I. Sfiniadakis, I. Vassiliou, E. Felekouras, P. Dedelias, M. Kontogiorgi, L. Papadimitriou, I. Papadimitriou. Transplantation Proceedings 2005 May;37(4):1929-30.

56. Congenital hypertrophy of the abductor digiti minimi muscle of the foot.
T. Iconomou, D. Tsoutsos, G. Spyropoulou, A. Gravvanis, J. Ioannovich.
Plastic and Reconstructive Surgery 2005;115(4):1223-5

57. The treatment of burn disease in the Hippocratic Era.
J. Ioannovich, A. Gravvanis, D. Tsoutsos. Plastic and Reconstructive Surgery 2004 Nov; 114(6):1664-1665.

58. "The beneficial effect of Nerve Growth Factor -7S on peripheral nerve regeneration through inside-out vein grafts: an experimental study"
A. Gravvanis, D. Tsoutsos, G. Tagaris, C. Patralexis, A. Papalois, T. Iconomou, J. Ioannovich.
Microsurgery 2004; 24(5): 408-415.

59. Use of mycophenolate mofetil in the experimental allo-transplantation of hepatocytes in rats with fulminant hepatic failure
S. Kontalexis, A. Papalois, E. Bibidakis, A. Gravvanis, E. Lykoudis, E. Theodossopoulou, D. Dimitroulopoulos, I. Sfiniadakis, A. Prachalias, E. Felekouras, P. Dedelias, M. Kontogiorgi, L. Papadimitriou, I. Papadimitriou. Transplant Proc. 2004 Jul-Aug;36(6):1739-40.

60. Microvascular repair with vein grafts following crush-avulsion type injury. The effect of direct inhibitors of thrombin on the patency rate.
A. Gravvanis, D. Tsoutsos, E. Lykoudis, T. Iconomou, D. Tzavaridou, A. Papalois, C. Patralexis, J. Ioannovich. Microsurgery 2003; 23: 402-407.

61. The use of silicone tubes in end-to-side nerve grafting. An experimental study.
A. Gravvanis, M. Karvelas, E. Lykoudis, A. Lavdas, A. Papalois, C. Stamatopoulos, J. Ioannovich. European Journal of Plastic Surgery (2003) 26: 111-115

62. The use of silicone tubes in end-to-side nerve grafting. Reply to Prof. Frey's comment. A. Gravvanis. European Journal of Plastic Surgery (2003) 26: 118-119

63. Moist exposed Therapy of partial-thickness burns. A multicenter study.

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J.Ioannovich, Magliacani M, Costagliola M, Attiyeh B, Dahm R, Berger A, Masselis M, Gravvanis A. European Journal of Plastic Surgery (2003) 26: 338-345

64. Microsurgical repair of nerve lesions with nerve grafts; the effect of Nerve Growth Factor-7S. A.Gravvanis, E.Lykoudis, G.Tagaris, C.Patralexis, A.Papalois, C.Stamatopoulos, J.Ioannovich. European Journal of Plastic Surgery (2002) 25: 187-192.

65. Microvascular repair with 1mm polytetrafluoroethylene (PTFE) grafts: effect of recombinant tissue-type plasminogen activator (rt-PA) on the patency rate and healing process.

E.Lykoudis, A.Papalois, A. Gravvanis, K.Fragia, C.Stamatopoulos, J.Ioannovich. Microsurgery 20: 324-330, 2000.

66. Repair of nerve lesions with nerve grafts; the effect of NGF-7s.

A.Gravvanis, E.Lykoudis, G.Tagaris, C.Patralexis, D. Tzivariidou, A.Papalois, C.Stamatopoulos, J.Ioannovich. Hellenic Plastic Surgery, Vol 1 (2) April 2002; 137-147

67. Repair of nerve lesions with inside-out vein grafts; the effect of NGF-7s.

A.Gravvanis, E.Lykoudis, G.Tagaris, C.Patralexis, D. Tzivariidou, A.Papalois, C.Stamatopoulos, J.Ioannovich. Hellenic Plastic Surgery Vol 2 (1) January 2003; 25-35

68. Wound healing using continuous negative pressure (Vacuum Assisted Closure). Tsoutsos D, Gravvanis A, Papadopoulos S, Maltezos C, Ioannovich J. Hellenic Journal of Surgery 2004, 76,5: 332-337

69. The effect of selective delay phenomenon in the rat TRAM flap model. Tsoutsos D, Gravvanis A, Papalois A, Ioannovich J. Hellenic Journal of Surgery 2006 78(1): 31-37

70. Sometimes patience pays off: When amputation is the Alternative. Iraklis Delikonstantinou, Polyxeni Zapantioti, Andreas Gravvanis, Dimosthenis Tsoutsos. Case Studies in Surgery 2016, Vol. 2, No. 3 31-36

PUBLISHED ABSTRACTS

1. Anterolateral Thigh perforator flap: an ideal pedicled flap

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A. Gravvanis, D. Tsoutsos, P. Panayotou, T. Iconomou, S. Papadopoulos Journal of Reconstructive Microsurgery (2006) 22(3): 37

2. Simultaneous functional and aesthetic reconstruction of facial palsy and facial soft tissue defect with a composite perforator-connected flap: anatomical study and clinical application.

E. Lykoudis, G. Spyropoulou, A. Gravvanis, J. Ioannovich, C. Vlastou.

Journal of Reconstructive Microsurgery (2004) 20(1): 74

3. In Vivo effect of NGF-7S on Motor Neuronal Regeneration through Nerve and Vein grafts.

A. Gravvanis, E. Lykoudis, G. Tagaris, A. Papalois, P. Panayotou, J. Ioannovich.

Journal of Reconstructive Microsurgery (2003) 19(6) : 430

4. The versatility of the 1st dorsal metacarpal artery in covering hand soft tissue defects.

Gravvanis A, Papadopoulos S, Tsoutsos D, Iconomou T, Doudoulakis N, J.Ioannovich.

ANZ Journal of Surgery (2003) 73 Supplement

5. Endoscopically assisted versus conservative reconstruction of Poland Syndrome.

Panayotou P, Gravvanis A, Papadopoulos S, Tsoutsos D, Stamatopoulos K, J.Ioannovich.

ANZ Journal of Surgery (2003) 73 Supplement

Scientific Interests

Following my basic Plastic Surgery training at the General State Hospital of Athens and at Chang Gung Memorial Hospital, Taiwan where I focused in Facial Paralysis/Head & Neck reconstruction (sponsored by MILLESI Award), I have accomplished 3 Microsurgical Fellowships: St Andrews Centre for Plastic Surgery UK focusing in Breast/Microsurgery, Gent Plastic Surgery University Department, Belgium focusing in Breast Reconstruction (sponsored by EURAPS Scholarship) and EURAPS/AAPS fellowship at MD Anderson Cancer Centre focusing in Head & Neck Cancer reconstruction.

I was appointed as a Consultant Plastic Surgeon with special interest in Breast Reconstruction in Queen Victoria Hospital, East Grinstead, UK the period 2007-2008. I was subsequently appointed as a Consultant in Plastic Surgery at General State Hospital of Athens, 2009-2017. My interests include all aspects of Microsurgery dealing with cancer and trauma reconstruction along with facial palsy. I also focus on facial and breast aesthetic surgery. 3-Dimension photography and 3D virtual models are an integral part of my practice in both reconstructive and aesthetic surgery. I am the author and co-author of over

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70 publications in peer-reviewed journals with over a 1900 citations and 3 book chapters. I am the chief editor of the reference book "Clinical Scenarios in Reconstructive Microsurgery" by Springer 2023.

Honors & Awards

1. Changes in donor site selection in lower limb free flap reconstructions by integrating duplex ultrasonography in the preoperative design.

Gravvanis A, Kateros K, Apostolou K, Karakitsos D, Tsoutsos D. Awarded with the prize "J. IOANNOVICH" in the occasion of the 6th Hellenic Congress of Wound Healing and Chronic Ulcers, May 2013, Athens, Greece

2. Impact of portable duplex ultrasonography in head and neck reconstruction.

Gravvanis A, Tsoutsos D, Delikonstantinou I, Dimitriou V, Katsikeris N, Karakitsos D.

Awarded with the prize "G. POLYCRATES" for the best paper in the 10th Congress of Plastic, Reconstructive & Aesthetic Surgery, August 2011

3. Foucher first dorsal metacarpal artery flap versus littler heterodigital neurovascular flap in resurfacing thumb pulp loss defects.

Delikonstantinou IP, Gravvanis AI, Dimitriou V, Zogogiannis I, Douma A, Tsoutsos DA.

.Awarded with the prize "J. IOANNOVICH" in the occasion of the 5th Hellenic Congress of Wound Healing and Chronic Ulcers, May 2011, Athens, Greece

4. "Hyperdynamic blood perfusion" of perforator flaps. Their effect in the treatment of chronic wounds

Gravvanis A, Tsoutsos D, Iconomou T, Papadopoulos S, Panayotou P, Michalopoulos V.

Awarded with the prize "J. IOANNOVICH" in the occasion of the 2nd Hellenic Congress of Wound Healing and Chronic Ulcers, September 2005, Athens, Greece

5. "Hyperdynamic blood perfusion" of anterolateral thigh perforator flap.

Gravvanis A, Tsoutsos D, Karakitsos D, Iconomou T, Papadopoulos S, Panayotou P,

Michalopoulos V, Karabinis A. Awarded with the prize "G. POLYCRATES" for the best paper in the 7th Congress of Plastic, Reconstructive & Aesthetic Surgery, October 2005

6. The effect of genetically modified Schwann cells in end-to-side nerve grafting.

A.Gravvanis, A. Lavdas, I. Franceschini, M. Dubois-Dalq, A. Papalois, P. Panayotou, R. Matsas, J.Ioannovich.

Awarded with the Annual "HANNO MILLESI" Award in the occasion of the annual Meeting of the European Neurosurgical Institution, Treviso, Italy, February, 20047. The effect of genetically modified Schwann cells in end-to-side nerve grafting.

A.Gravvanis, A. Lavdas, I. Franceschini, M. Dubois-Dalq, A. Papalois, P. Panayotou, R.

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Matsas, J.Ioannovich.

Awarded with the prize "G. POLYCRATES" for the best experimental research paper in the 6th Congress of Plastic, Reconstructive & Aesthetic Surgery, October 2003

8. The effect of genetically modified Schwann cells in end-to-side nerve grafting.

A.Gravvanis, A. Lavdas, I. Franceschini, M. Dubois-Dalq, A. Papalois, P. Panayotou, R.

Matsas, J.Ioannovich.

Awarded First Prize, "K. VRETOS", in the 12th Common Congress of Hellenic Societies of Hand Surgery and the Reconstructive Microsurgery, August 2003.

9. Percutaneous tracheostomy in burned patients with inhalation injury.

Gravvanis A, Tsoutsos D, Margaris E, Papadopoulos S, Iconomou T, J.Ioannovich. 23rd Panhellenic congress of Surgery – International Surgical Forum, November 2002.

10. The use of myocutaneous flaps in radionecrosis coverage.

K. Stamatopoulos, Tsoutsos D, T. Iconomou, Papadopoulos S, Gravvanis A, J.Ioannovich. 23rd Panhellenic congress of Surgery – International Surgical Forum, November 2002.

11. "Microsurgical repair of nerve lesions with nerve and inside-out vein grafts; the effect of Nerve Growth Factor-7S".

A.Gravvanis, E.Lykoudis, G.Tagaris, D. Tzivariidou, C.Patralexis, D. Sabaziotis, A.Papalois, C.Stamatopoulos, J.Ioannovich.

Awarded with the prize "G. POLYCRATES" for the best experimental research paper in the 5th Congress of Plastic, Reconstructive & Aesthetic Surgery, November 2001.

12. Microsurgical repair of nerve lesions with nerve grafts; the effect of Nerve Growth Factor-7S.

A.Gravvanis, E.Lykoudis, G.Tagaris, C.Patralexis, D. Sabaziotis, A.Papalois, C.Stamatopoulos, J.Ioannovich.

Awarded with the prize "KALOMIRIS", in the 10th Common Congress of Hellenic Societies of Hand Surgery and the Reconstructive Microsurgery, November 2000.

Languages:

Greek, English

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