

CURRICULUM VITAE



Name, Surname, Title:

Dr Nikolaos A. Kostakopoulos, MD PhD FEBU

Consultant Urological Surgeon- Andrologist

1st Department of Urology, Metropolitan General Hospital, Athens, Greece

Doctor of Philosophy University of Athens Greece

Fellow of the European Board of Urology

Specialised in Robotic Surgery and Endourology, Aberdeen Royal Infirmary

Honorary Associate University of Aberdeen

Member of the European Association of Urology

ACADEMIC TRAINING

- Medical School (MD) at the University of Athens (2007-2013),
- Urology training at 2nd Urology Department of the University of Athens, Sismanogleio General Hospital, Athens Greece (2014-2019)
- Doctor of Philosophy (PhD) at 2nd Urology Department of the University of Athens (2014-2017),
- Delegate of the Administrative Committee of the Residents Department of the Hellenic Urological Association (2016-2018).

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- Member of the Research Committee of Sismanogleio General Hospital. (2018-2019)
- Robotic Fellowship at the Aberdeen Royal Infirmary NHS Grampian, Aberdeen, United Kingdom (2019-2021)
 - Honorary Associate University of Aberdeen (2020-)
 - Fellow of the European Board of Urology (FEBU) (2022)
 - Academic Scholar at 2nd Urology Department of the University of Athens, Sismanogleio General Hospital, Athens Greece (2022-2023)

CURRENT AFFILIATION

- Consultant Urological Surgeon at 1st Department of Urology, Metropolitan General Hospital, Cholargos, Greece (2022-),
- Honorary Associate University of Aberdeen (2020-)
- Specialised and Interested in: 1. Endourology, 2. Pelvic and Upper tract Robotic Surgery, 3. Urolithiasis treatment, 4. Benign Prostatic Obstruction

IV. PUBLICATIONS

Pubmed indexed (31)

- 1: Byrne MHV, Georgiades F, Light A, Lovegrove CE, Dominic C, Rahman J, Kathiravelupillai S, Klatte T, Saeb-Parsy K, Kumar R, Howles S, Stewart GD, Turney B, Wiseman O; COVID Stones Collaborative. (Kostakopoulos Nikolaos collaborator). Impact of COVID-19 on the management and outcomes of ureteric stones in the UK: a multicentre retrospective study. BJU Int. 2022 Sep 9;10.1111/bju.15882. doi: 10.1111/bju.15882. Epub ahead of print. PMID: 36083711; PMCID: PMC9539039.
- 2: Stamatakis PV, Moschotzopoulos D, Glykas I, Fragkoulis C, Kostakopoulos N, Papadopoulos G, Stathouros G, Aristas O, Dellis A, Papatsoris A, Ntoumas K. Outcomes of radical cystectomy in pT4 bladder cancer frail patients: A high-volume single center study. J Frailty Sarcopenia Falls. 2022 Sep 1;7(3):147-150. doi: 10.22540/JFSF-07-147. PMID: 36119554; PMCID: PMC9433942.

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3: Kostakopoulos N, Athanasiadis G, Omar MI, Abraham J, Dimitropoulos K. The impact of low-pressure pneumoperitoneum on robotic-assisted radical cystectomy and intracorporeal ileal conduit urinary diversion: a case-control study. World J Urol. 2022 Oct;40(10):2467-2472. doi: 10.1007/s00345-022-04117-w. Epub 2022 Sep 5. PMID: 36065029; PMCID: PMC9512870.

4: Kostakopoulos NA, Kastora S, Dimitropoulos K, Athanasiadis G. A novel tattooing technique for ureteric strictures in robotic ureteroureterostomy: a non-inferiority analysis. BJU Int. 2022 Jan 19. doi: 10.1111/bju.15687. Epub ahead of print. PMID: 35044084.

5: Karakousis N, Kostakopoulos NA, Georgakopoulou VE, Pyrgioti EE, Georgakopoulos PN. A Rare Case of Dulaglutide-Associated Angioedema in a Male Patient. Cureus. 2021 Nov 30;13(11):e20041. doi: 10.7759/cureus.20041. PMID: 34987924; PMCID: PMC8717822.

6: Karakousis ND, Kostakopoulos NA. Hyponatremia in the frail. J Frailty Sarcopenia Falls. 2021 Dec 1;6(4):241-245. doi: 10.22540/JFSF-06-241. PMID: 34950815; PMCID: PMC8649861.

7: Kostakopoulos NA, Karakousis ND, Moschotzopoulos D. Frailty associated urinary tract infections (FaUTIs). J Frailty Sarcopenia Falls. 2021 Mar 1;6(1):9-13. doi: 10.22540/JFSF-06-009. PMID: 33817446; PMCID: PMC8017348.

8: Bates AS, Ayers J, Kostakopoulos N, Lumsden T, Schoots IG, Willemse PM, Yuan Y, van den Bergh RCN, Grummet JP, van der Poel HG, Rouvière O, Moris L, Cumberbatch MG, Lardas M, Liew M, Van den Broeck T, Gandaglia G, Fossati N, Briers E, De Santis M, Fanti S, Gillessen S, Oprea-Lager DE, Ploussard G, Henry AM, Tilki D, van der Kwast TH, Wiegel T, N'Dow J, Mason MD, Cornford P, Mottet N, Lam TBL. A Systematic Review of Focal Ablative Therapy for Clinically Localised Prostate Cancer in Comparison with Standard Management Options: Limitations of the Available Evidence and Recommendations for Clinical Practice and Further Research. Eur Urol

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Oncol. 2021 Jun;4(3):405-423. doi: 10.1016/j.euo.2020.12.008. Epub 2021 Jan 8. PMID: 33423943.

9: Kostakopoulos NA, Karakousis ND, Linardoutsos D, Argyropoulos V, Kouroupakis P, Kastora S, Kostakopoulos AN. A Giant Hepatoid Carcinoma of the Perirenal Fat With Very High A-Fetoprotein and Vitamin B12 Levels. Am Surg. 2020 Nov 10:3134820952824. doi: 10.1177/0003134820952824. Epub ahead of print. PMID: 33170038.

10: Kostakopoulos NA, Karakousis ND. Frailty assessment and postoperative complications in urologic oncology operations. J Frailty Sarcopenia Falls. 2020 Sep 1;5(3):57-61. doi: 10.22540/JFSF-05-057. PMID: 32885102; PMCID: PMC7461351.

11: Mitsogiannis IC, Kostakopoulos NA, Lazarou L, Deliveliotis K, Karagiotis T, Deliveliotis C. Renal Hematomas After Ureterolithotripsy: Report of Four Cases. J Endourol Case Rep. 2020 Mar 11;6(1):26-29. doi: 10.1089/cren.2019.0103. PMID: 32775669; PMCID: PMC7383451.

12: Bates AS, Kostakopoulos N, Ayers J, Jameson M, Todd J, Lukha R, Cymes W, Chasapi D, Brown N, Bhattacharya Y, Paterson C, Lam TBL. A Narrative Overview of Active Surveillance for Clinically Localised Prostate Cancer. Semin Oncol Nurs. 2020 Aug;36(4):151045. doi: 10.1016/j.soncn.2020.151045. Epub 2020 Jul 20. PMID: 32703714.

13: Tzelves L, Skolarikos A, Mourmouris P, Lazarou L, Kostakopoulos N, Manatakis DK, Kural AR. <i>Letter to the Editor RE:</i> Venkatramani and Parekh, <i>Editorial Comment on:</i> Does the Use of a Robot Decrease the Complication Rate Adherent to Radical Cystectomy? A Systematic Review and Meta-Analysis of Studies Comparing Open with Robotic Counterparts by Tzelves et al. (From: Tzelves L, Skolarikos A, Mourmouris P, et al. J Endourol 2019;33:985; DOI: 10.1089/end.2019.0689). J Endourol. 2019 Dec;33(12):986. doi: 10.1089/end.2019.29070.ltz. PMID: 31829909.

14: Lazarou L, Berdempes M, Markopoulos T, Kostakopoulos N, Spyropoulos K, Mitsogiannis IC. A case of cavernosal abscess after neglected penile fracture and

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bacteremia. Urol Ann. 2019 Jul-Sep;11(3):328-330. doi: 10.4103/UA.UA_104_18. PMID: 31413517; PMCID: PMC6676829.

15: Tzelves L, Skolarikos A, Mourmouris P, Lazarou L, Kostakopoulos N, Manatakis DK, Kural AR. Does the Use of a Robot Decrease the Complication Rate Adherent to Radical Cystectomy? A Systematic Review and Meta-Analysis of Studies Comparing Open with Robotic Counterparts. J Endourol. 2019 Dec;33(12):971-984. doi: 10.1089/end.2019.0226. Epub 2019 Jul 24. PMID: 31161777.

16: Dellis A, Kallidonis P, Adamou C, Kostakopoulos N, Kotsiris D, Ntasiotis P, Papatsoris AG; Urolithiasis and Endourology Working Party of the European Association of Urology (EAU) Young Academic Urologists (YAU). The efficacy and safety of string stents after retrograde intrarenal surgery for urolithiasis. Minerva Urol Nefrol. 2020 Aug;72(4):451-463. doi: 10.23736/S0393-2249.19.03426-X. Epub 2019 May 7. PMID: 31086133.

17: Dellis AE, Kostakopoulos N, Papatsoris AG. Is there an effective therapy for interstitial cystitis/bladder pain syndrome? Expert Opin Pharmacother. 2019 Aug;20(12):1417-1419. doi: 10.1080/14656566.2019.1615056. Epub 2019 May 9. PMID: 31070933.

18: Protogerou V, Michalopoulos E, Mallis P, Gontika I, Dimou Z, Liakouras C, Stavropoulos-Giokas C, Kostakopoulos N, Chrisofos M, Deliveliotis C. Administration of Adipose Derived Mesenchymal Stem Cells and Platelet Lysate in Erectile Dysfunction: A Single Center Pilot Study. Bioengineering (Basel). 2019 Mar 5;6(1):21. doi: 10.3390/bioengineering6010021. PMID: 30841525; PMCID: PMC6466012.

19: Mitsogiannis IC, Kostakopoulos N, Lazarou L, Karagiotis E. A case of penile strangulation after placement of metallic rings. Urol Ann. 2018 Apr-Jun;10(2):222-224. doi: 10.4103/UA.UA_195_17. PMID: 29719339; PMCID: PMC5907336.

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20: Kostakopoulos N, Protogerou V, Skolarikos A, Varkarakis I, Papatsoris A, Troupis T, Piagou M, Deliveliotis C. VIP neobladder (Padovana) reconstruction following radical cystectomy for bladder cancer Complications, functional outcome and quality of life evaluation in 95 cases. Ann Ital Chir. 2015 Jul-Aug;86(4):362-7. PMID: 26344154.

21: Bellos TC, Katsimperis SN, Kapsalos-Dedes SG, Tzelves LI, Kostakopoulos NA, Mitsogiannis IC, Varkarakis IM, Papatsoris AG, Deliveliotis CN. Ureteral Stent-Related Symptoms and Pharmacotherapy: A Brief Narrative Review. J Clin Pharmacol. 2023 Oct;63(10):1091-1100.

22: Bellos TC, Katsimperis SN, Tzelves LI, Kostakopoulos NA, Markopoulos TP, Mitsogiannis IC, Varkarakis IM, Papatsoris AG, Deliveliotis C. Ureteral stents: A brief narrative review of the different polymeric types, their characteristics, and their connection to stent-related symptoms. Urol Ann. 2023 Oct-Dec;15(4):360-367.

23: Kostakopoulos N, Masaoutis C, Argyropoulos V, Pantelaion V, Theodoropoulos P, Kouroupakis P, Kostakopoulos A. Primary unifocal penile follicular center non-Hodgkin lymphoma: Report of a rare case and review of the literature. Asian J Urol. 2024 Jan;11(1):134-136.

24: Bellos TC, Manolitsis IS, Katsimperis SN, Angelopoulos PA, Kapsalos-Dedes SG, Deligiannis PK, Tzelves LI, Kostakopoulos NA, Mitsogiannis IC, Varkarakis IM, Papatsoris AG, Skolarikos AA, Deliveliotis CN. Ureteral stent related symptoms: A comparative study. Arch Ital Urol Androl. 2024 Mar 4;96(1):12231.

25: Kostakopoulos N, Bellos T, Malovrouvas E, Katsimperis S, Kostakopoulos A. Robot-Assisted Urological Oncology Procedures, Outcomes, and Safety in Frail Patients: A Narrative Review of Available Studies. Urol Res Pract. 2024 Jan;50(1):36-41.

26: Katsimperis S, Tzelves L, Bellos T, Manolitsis I, Mourmouris P, Kostakopoulos N, Pyrgidis N, Somani B, Papatsoris A, Skolarikos A. The use of indocyanine green in partial nephrectomy: a systematic review. Cent European J Urol. 2024;77(1):15-21.

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27: Stamatios Katsimperis, Themistoklis Bellos, Ioannis Manolitsis, Ioannis Kyriazis, Panagiotis Angelopoulos, Panagiotis Neophytou, Sotirios Kapsalos, Nikolaos Kostakopoulos, Lazaros Tzelves, Ioannis Varkarakis, Athanasios Papatsoris, Andreas Skolarikos, Iraklis Mitsogiannis. Reporting and Grading of Complications in Urological Surgery: Current Trends and Future Perspectives. Urol Res Pract. 2024; DOI: 10.5152/tud.2024.24050.

28: Kostakopoulos N A, Bellos T C, Katsimperis S, et al. (October 01, 2024) Hippocrates of Kos (460-377 BC): The Founder and Pioneer of Clinical Medicine. Cureus 16(10): e70602.

29. Kostakopoulos N, Argyropoulos V, Bellos T, Katsimperis S, Kostakopoulos A. Artificial Intelligence and Novel Technologies for the Diagnosis of Upper Tract Urothelial Carcinoma. Medicina (Kaunas). 2025 May 20;61(5):923.

30. Katsimperis S, Tzelves L, Feretzakis G, Bellos T, Tsikopoulos I, Kostakopoulos N, Skolarikos A. Circulating Tumor DNA in Muscle-Invasive Bladder Cancer: Implications for Prognosis and Treatment Personalization. Cancers (Basel). 2025 Jun 8;17(12):1908.

31. Katsimperis S, Tzelves L, Feretzakis G, Bellos T, Douroumis K, Kostakopoulos N, Skolarikos A. Single-Port vs. Multi-Port Robotic Surgery in Urologic Oncology: A Comparative Analysis of Current Evidence and Future Directions. Cancers (Basel). 2025 Aug 29;17(17):2847.

Non PubMed publications-editorials (10)

1: Urodynamic assessment of orthotopic neobladder reconstruction following radical cystectomy in bladder cancer, November 2018. European Urology Supplements 17(14):e2998. KOSTAKOPOULOS N, ARGIROPOULOS V, TSIRKAS K, SPIROPOULOS K, LAZAROU L, VARKARAKIS I, SKOLARIKOS A.

2: Circulating tumour cells in patients with metastatic castration resistant prostate cancer under treatment with cabazitaxel - a prospective biomarker study from the Hellenic Oncology Research Group

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March 2019. European Urology Supplements 18(1):e1213-e1214. Z. ZAFEIRIOU, N. KOSTAKOPOULOS, Z. MESSARITAKIS, E. BOURNAKIS, A. KOTSAKIS, P. KATSAOUNIS, N. KENTEPOZIDIS, A. KOUMARIANOU, et al.

3: SIU-WJU Article of the Month – April 2019. Biopsy of upper tract urothelial carcinoma. Nikolaos Kostakopoulos, Athanasios Papatsoris.

Editorial on the article: Comparison of biopsy devices in upper tract urothelial carcinoma. Breda A, Territo A, Sanguedolce F, et al. World J Urol. 2018 Dec 17.

4: The impact of low-pressure pneumoperitoneum on robotic-assisted radical cystectomy and intracorporeal ileal conduit urinary diversion: A case-control study

October 2022. European Urology Open Science 44:S323-S324. Kostakopoulos N., Athanasiadis G., Omar M., Abraham J., Dimitropoulos K..

5: Simultaneous robotic-assisted radical nephroureterectomy and radical cystectomy for the management of upper and lower tract urothelial cell carcinoma: A case series and rapid literature review

October 2022. European Urology Open Science 44:S337. Dimitropoulos K., Maresca G., Kostakopoulos N., Abraham J., Ahmad S., Athanasiadis G.

6. Ureteric tattooing technique for strictures identification in robotic ureteroureterostomy. Kostakopoulos, N. et al. European Urology Open Science, Volume 55, S47

7. Postoperative hernia rate with different types of extraction site incisions during robotic radical cystectomy. Kostakopoulos, N. et al. European Urology Open Science, Volume 55, S144

8. Comparison of deep venous complex dissection techniques on early continence rates in Robotically assisted radical prostatectomy. Kostakopoulos, N. et al. European Urology Open Science, Volume 55, S85

9. Katsimperis, S.; Tzelves, L.; Feretzakis, G.; Bellos, T.; Tsikopoulos, I.; Kostakopoulos, N.; Skolarikos, A. Innovations in Robot-Assisted Surgery for Genitourinary Cancers: Emerging Technologies and Clinical Applications. Appl. Sci. 2025, 15, 6118.

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10. Kostakopoulos, N. A., et al. "Prostate-Specific Antigen (PSA) Significance in Frail and Sarcopenic Men." (2024).

Hellenic Urology publications (Google scholar indexed) (13)

1. Management of anastomotic strictures after radical retropubic prostatectomy.

KOSTAKOPOULOS N, ARGIROPOULOS V, TEKERLEKIS P, KOSTAKOPOULOS A. Hellenic Urology. Vol 28, No 1 (2016): Issue 1. CITATION 1.

2. The tension - free vaginal tape for managing female stress urinary incontinence in 95 cases. KOSTAKOPOULOS N, TEKERLEKIS P, ARGYROPOULOS V, KOSTAKOPOULOS A. Hellenic Urology. Vol 27, No 2 (2015): Issue 2.

3. Ocular side-effects of urological pharmacy. KOSTAKOPOULOS N.A, ARGYROPOULOS V.G. Hellenic Urology. Vol 26, No 3 (2014): Issue 3.

4. Intravenous suppression in retrograde intrarenal surgery (RIRS) for staghorn calculus. FIAMENGOS A, KOSTAKOPOULOS N, KARAGIANNIS A, ZERVA M, MOSAIKOU L, ROUSSOU R, PAPATSORIS AG. Hellenic Urology. Vol 27, No 4 (2015): Issue 4.

5. Urodynamic assessment of orthotopic neobladder reconstruction following radical cystectomy in bladder cancer. KOSTAKOPOULOS A, ARGIROPOULOS V, KOSTAKOPOULOS N, PROTOGEROU V, VARKARAKIS I. Hellenic Urology. Vol 28, No 2 (2016): Issue 2.

6. Novel bone protective agents in patients with prostate cancer. KOSTAKOPOULOS NA, PAPATSORIS AG. Hellenic Urology. Vol 28, No 3 (2016): Issue 3.

7. Management of Non-metastatic castrate-resistant prostate cancer. MOURMOURIS P, PAPACHRISTOU C, MARKOPOULOS T, MPERDEMPES M, KOSTAKOPOULOS N, LAZAROU L, TUNA MB, SKOLARIKOS A. Hellenic Urology. Vol 30, No 1 (2018): Issue 1.

8. Prone percutaneous nephrolithotripsy: where do we stand? MOURMOURIS P, KOSTAKOPOULOS N, LAZAROU L, PINITAS A, SKOLARIKOS A. Hellenic Urology. Vol 30, No 4 (2018): Issue 4. CITATION 1.

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9. Robot- assisted laparoscopic radical nephroureterectomy. KOSTAKOPOULOS N, VARKARAKIS I. Hellenic Urology Supplement 2016.

10. Themistocles Ch. Bellos, Nikolaos A. Kostakopoulos, Athanasios G. Papatsoris. Ureteral stents. A review of the different polymeric types, their characteristics and their connection to stent related symptoms. Hellenic Urology 2019, 31(3): 46-54

11. NA Kostakopoulos, T Markopoulos, AA Skolarikos. Nephrometry scores in renal cancer. Hellenic Urology 32 (3), 121

12. Therapeutic Options in Metastatic Renal Cancer

TC Bellos, IS Manolitsis, SN Katsimperis, IP Kyriazis, PA Angelopoulos, Kostakopoulos N, et al.

Hellenic Urology 34 (4), 128-135, 2022.

13. Primary Urethral Carcinoma Manifested as a Perineal Abscess

Kyriazis, Ioannis P.; Manolitsis, Ioannis S.; Bellos, Themistoklis Ch; Katsimperis, Stamatios N.; Angelopoulos, Panagiotis A.; Neofitou, Panagiotis N.; Kapsalos-Dedes, Sotirios G.; Deligiannis, Panagiotis K.; Tzelves, Lazaros I.; Kostakopoulos, Nikolaos A.; Lazarou, Lazaros C.; Markopoulos, Titos P.; Berdempes, Marinos V.; Kiriakidis, Alexandros A.; Livadas, Konstantinos E.; Mitsogiannis, Iraklis C.; Varkarakis, Ioannis M.; Papatsoris, Athanasios G.; Skolarikos, Andreas A.; Deliveliotis, Charalampos N. Less

Hellenic Urology. 34(3):104-106, Jul-Sep 2022.

BOOK CHAPTERS

- Mourmouris P, Kostakopoulos N, Skolarikos A Contemporary prone PCNL

AUTORINO R., LIATSIKOS E., PORPIGLIA F. "New Technologies and Techniques in Minimally Invasive Urologic Surgery: an ESUT Collection" ISBN: 8877119780, 9788877119780

-Recurrent Cystitis, N Kostakopoulos, K Dimitropoulos. Primer on Urology, 879-887, 2025. Springer Nature Switzerland.

-Επείγουσες καταστάσεις στην Ουρολογία, Κωστακόπουλος Α, Αργυρόπουλος Β, Κωστακόπουλος Ν. Εκδόσεις Πασχαλίδης.

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-Ουρογεννητικό Τραύμα, Κωστακόπουλος Νικόλαος. Εκδόσεις Πασχαλίδης.

LECTURES

Presentations in congresses

- The role of Tamoxifen in the reduction of gynecomastia and mastodynia caused by bicalutamide therapy for hormone- naive prostate cancer. **KOSTAKOPOULOS N**, ARGYROPOULOS V, KARELIS G, MARKOU J, KOSTAKOPOULOS A. 23rd Panhellenic Urological Congress, Rhodes 20-23 October 2016.
- The agreement between the Gleason score results of the prostate biopsies and the specimens of radical prostatectomies. A population study. ARGYROPOULOS V, **KOSTAKOPOULOS N**, KARELIS A, MARKOU J, KOSTAKOPOULOS A. 23rd Panhellenic Urological Congress, Rhodes 20-23 October 2016.
- Resection of the ureteric orifice during radical nephroureterectomy. Video presentation. **KOSTAKOPOULOS N**, BERDEMPES M, MARKOPOULOS T, LAZAROU L, ZERVA M, TZELVES L, PINITAS A, TSIRKAS K, VARKARAKIS I, DELIVELIOTIS C, SKOLARIKOS A. 24th Panhellenic Urological Congress, Athens 11-14 October 2018.
- Perinephric haematoma after ureterolithotripsy. Presentation of 4 cases. **KOSTAKOPOULOS N**, MITSOGIANNIS I, LAZAROU L, ZERVA M, MARKOPOULOS T, MALOVROUVAS EVANGELOS, TZELVES L, DELIVELIOTIS C. 24th Panhellenic Urological Congress, Athens 11-14 October 2018.
- SIU Around the World, 39th Congress of the Société Internationale d'Urologie, 17-20 October 2019, Athens, Greece. Endoscopic Combined Intra Renal Surgery- ECIRS in Modified Supine Position by the "Athenian Version".

KOSTAKOPOULOS N, ARGYROPOULOS V, SPIROPOULOS K, CHATZIKRACHTIS N, TZELVES L, BAFALOUKAS N.

Invitations as Speaker in Congresses

- Interdisciplinary Preceptorship of Urological Cancers, 30-31 March 2018, Chania, Crete. Speech with subject: «Treatment of small renal masses» (<3cm).
- Clinical Tutorials of Urological Cancer 2017: From Clinical Research to Everyday Practice. Meeting of Greek Urological Cancer Research Group (EEOGEK), 5

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December 2017, Athens, Greece. Speech with subject: “Muscle invasive bladder cancer: Patient suitable for Radical Cystectomy”.

- 1st Panhellenic Interdepartmental Conference, 6-8 June 2019, Kalamata, Greece. Speech with subject: “Muscle invasive bladder cancer. Prostate- sparing Cystectomy”.
- Invited speaker of the Hellenic Urological Association, monthly Scientific meeting (4 times).
 - 1st meeting February 2016 “Renal Cancer”.
 - 2nd meeting March 2017 “Trauma of the Lower Urinary tract”.
 - 3rd meeting January 2019 “Percutaneous nephrolithotomy (PCNL) versus mini PCNL”.
 - 4th meeting June 2022 “Writing a Scientific paper: Materials and Methods”.
- Invited speaker of the 40th Athenian Urology days, Athens, Greece. Clinical Tutorial 2: Bladder cancer. 09:00-09:15: The role of new technologies in the diagnosis and management of non-muscle invasive bladder cancer
- Invited speaker of the 42nd Athenian Urology days, Athens, Greece. Renal cancer: Metastasectomy for renal cancer.

Experience in teaching

1) Training of fifth-year medical students as part of the Urology residency program at Sismanoglio General Hospital of Athens (2014–2019).

2) Training of residents in General Surgery and Urology, as well as medical students, during my subspecialty in Robotic Urology at Aberdeen Royal Infirmary, University Hospital (2019–2021).

3) Academic Fellow, 2nd University Urology Clinic, Sismanoglio General Hospital of Athens (2022–2023). Responsible for training fifth-year medical students of the Athens Medical School in Urology, through lecture-based teaching and clinical training in outpatient clinics and operating theatres.

4) Consultant 1st Department of Urology, Metropolitan General Hospital, Athens, providing training to medical and nursing students from international universities in endoscopic and robotic surgery, focusing on the anatomy and surgical management of the urinary system.

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AWARDS & GRANTS

- **Papadakis Scholarship** from the National and Kapodistrian University of Athens (2007–2013).
- **Antonios Moraitis Scholarship**, Moraitis School Athens — Fellowship at University College London, Faculty of Medical Sciences, July 2007.
- **BEST POSTER** of Poster Session 64: Advances and challenges in the treatment of castration resistant prostate cancer. Monday 18 March 2019. 12:15 - 13:45hr. Green Area, Room 4. 897 Circulating tumor cells in patients with metastatic castration resistant prostate cancer under treatment with cabazitaxel - a prospective biomarker study from the Hellenic Oncology Research Group. ZAFEIRIOU Z., **KOSTAKOPOULOS N.**, MESSARITAKIS Z., BOURNAKIS E., KOTSAKIS A., KATSAOUNIS P., KENTEPOZIDIS N., KOUMARIANOU A., KONTOPODIS E., EMMANOUILIDES C., HATZIDAKI D., GEORGOULIAS V. 34th Annual EAU Congress Barcelona (EAU19), Barcelona (Spain): 15 March 2019 - 19 March 2019.
- **Second Prize** at the 4th Interdepartmental Urological Conference in Volos, 25–27 September 2025, for the poster: *Combination of robotic radical cystectomy and robotic nephroureterectomy for synchronous high-risk upper urinary tract and bladder cancers. A retrospective tertiary-care hospital study and tips & tricks for optimizing surgical technique.*

SCIENTIFIC SOCIETIES AFFILIATION

- Honorary Associate of the University of Aberdeen UK
- Fellow of the European Board of Urology (FEBU)
- Member of the European Association of Urology (2014-)
- Member of the Societe Internationale d' Urologie (2018-)
- Member of the Hellenic Urological Association (2014-)

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Publications & Citations

H index & Source: 10 (Google Scholar), 8 (ResearchGate), 7 (Scopus)

Other metrics: Citations 270 (ResearchGate), 310 (Google Scholar)

Publications PubMed: 31, Publications not in PubMed: 22, In total: 53 (Google Scholar)

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Languages (include level): English (Proficiency level, IELTS holder), German (Zertifikat level), Greek (native language)