

Doctor's Brief Curriculum Vitae

Name and Title:

Kouloumentas Panagiotis

Specialty:

Orthopaedic Surgeon - Sports Medicine
Specialist



Place of work & Position:

Director of the Clinic for Orthopaedics and Sport Orthopaedics in Metropolitan
Hospital

Education:

- Medical School of Athens University
- Specialized in Orthopaedics and Traumatology in Evangelismos Hospital and KAT Hospital in Athens
- Trained in Sport injuries and Arthroscopy Fellowship Program in Clinic of Orthopaedic and Sports Orthopaedic of the Technical University- Klinikum Rechts der Isar- in Munich

Professional Experience:

- Director in Clinic for Orthopaedics and Sport Orthopaedics in Metropolitan Hospital in Athens since 1st of November 2014
- Head Doctor and Surgeon in Panathinaikos FC from 2008 to 2022
- Scientific Committee member of the Hellenic Olympic Committee

Publications / Research:

- Dimitrios Papagiannis, Theodoros Laios, Konstantinos Tryposkiadis, Konstantinos Kouriotis, Xenophon

Roussis, Georgios Basdekis, Panagiotis Boudouris, Christos Cholevas, Stergios Karakitsios, Pindaros Kakavas, Theoharis Kiriakidis, [Panagiotis Kouloumentas](#), Georgios Kouvidis, Grigoris Manoudis, Pantelis Nikolaou, Christos Theos, Andreas-Nikolaos Piskopakis, Ioannis Rallis, Stavros Ristanis, Alexandros Toliopoulos, Grigoris Zisis, Yiannis Theodorakis, Konstantinos I Gourgoulis, Georgios Rachiotis COVID-19 Infection among Elite Football Players: A Nationwide Prospective Cohort Study Vaccines (Basel 2022 Apr 19;10(5):634.doi: 10.3390/vaccines10050634.

- George Samonis, Christos Koutserimpas, Georgia Vrioni, Elsa Kampos Martinez, [Panagiotis Kouloumentas](#), Kalliopi Alpantaki, George Saroglou. Fungal Septic Knee Arthritis Caused by *Aspergillus fumigatus* following Anterior Cruciate Ligament Reconstruction *Diagnostics* 2021, 11, 1975.
- [Kouloumentas P](#), Kavroudakis E, Charalampidis E, Kavroudakis D, Triantafyllopoulos GK. Superior knee flexor strength at 2 years with all-inside short-graft anterior cruciate ligament reconstruction vs a conventional hamstring technique. *Knee Surg Sports Traumatol Arthrosc.* 2019 Mar 19. doi: 10.1007/s00167-019-05456-9. [Epub ahead of print]
- [Panagiotis Kouloumentas](#), Efstratios Kavroudakis Ioannis Tsekouras, Efstathios Charalampidis Georgios Triantafyllopoulos, Dimitris Kavroudakis. Posterior semitendinosus tendon harvesting minimizes the risk of injury to the infrapatellar and sartorial branches of the saphenous nerve. *RPMS Vol 2, No 4*, December 2018, p.131-135 d
- Bartl C, [Kouloumentas P](#), Holzapfel K, Eichhorn S, Wörtler K, Imhoff A, Salzmann GM. Long-term outcome and structural integrity following open repair of massive rotator cuff tears. *Int J Shoulder Surg.* 2012 Jan;6(1):1-8. doi: 10.4103/0973-6042.94304
- Spang JT, Buchmann S, Brucker PU, [Kouloumentas P](#), Obst T, Schroeder M, Burgkart R, Imhoff AB A biomechanical comparison of 2 transosseous-equivalent double-row rotator cuff repair techniques using bioabsorbable anchors: cyclic loading and failure behavior. *Arthroscopy.*, 2009. 25(8): p. 872-9
- European Journal of Trauma and Emergency Surgery: April 2007; Volume 32 : Supplement II, Page 50 K.Papagiannakos, [P.Kouloumentas](#), N.Dedoukos, S. Tzevelekos, Z. Stavrou 2nd Orthopaedic Department Evangelismos General Hospital Athens, Greece Subject: The use of retrograde IntramedullaryNailing in the management of distal Femoral Supracondylar Fractures
- Clinical researcher in multicenter european study: The EXPERT study: <https://www.ncbi.nlm.nih.gov/pubmed/30888448> "Evaluation of Arixtra for the Prevention of venous thromboembolism in daily Practice"
- European Journal of Trauma: April 2006; Volume 32: Supplement 1, Page [P.Kouloumentas](#), V.Lakka, K. Papagiannakos, S.Tzevelekos, Z.Stavrou Operative release of joint stiffness following Heterotypic Ossification 2nd Orthopaedic Clinic Evangelismos General Hospital Athens Greece
- European Journal of Trauma: April 2006; Volume 32: Supplement 1, Page K.Papagiannakos, [P.Kouloumentas](#), N.Dedoukos, V.Lakka, S. Tzevelekos, Z. Stavrou Subject: Operative Treatment of displaced intra-articular calcaneal fractures 2nd Orthopaedic Department Evangelismos General Hospital Athens, Greece

Scientific Interests:

- Sports knee and shoulder surgery
- Robotic Knee Surgery
- Total Hip Arthroplasty - Amis Technique

Honors & Awards:

- 1st Prize at the ESSKA Specialty Days 2019, Madrid
- Best International Paper at the AAOS (American Academy of Orthopaedic Surgeons) 2019, Las Vegas
- Next President of the Hellenic Arthroscopic Association, 2026–2028

Languages:

English

German

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