

## Doctor's Brief Curriculum Vitae

### Name and Title:

**Makrakis Evangelos**

### Specialty:

Obstetrician – Gynecologist

### Place of work & Position

HYGEIA IVF EMBRYOGENESIS, Obstetrician – Gynecologist  
Scientific Director



### Education:

**2003:** PhD, National and Kapodistrian University of Athens

**2001:** Specialty Title in Obstetrics and Gynecology

**1991:** Medical Degree, School of Medicine, National and Kapodistrian University of Athens

### Professional Experience:

**2001 – Present:** *Mitera Hospital, Athens, Greece*  
Consultant Obstetrician and Gynecologist

**2017 – Present:** *Assisted Reproduction Unit "EMBRYO A.R.T – AKESÖ"*  
Head Physician

**2007 – 2017:** *Assisted Reproduction Unit "EMBRYO A.R.T"*  
Head Physician

### 1996 – 2000:

- *IVF Unit, Birmingham Women's Hospital, UK*
- *Department of Obstetrics and Gynaecology, Royal Berkshire Hospital, UK*
- *Department of Obstetrics and Gynaecology, Wexham Park Hospital, UK*
- *Gynecological Endoscopy Unit, Ospedale Policlinico Consorziale, University of Bari, Italy*

## Doctor's Brief Curriculum Vitae

### Academic Teaching Experience

**Assisted Reproduction Unit, 2nd Department of Obstetrics and Gynecology,  
National and Kapodistrian University of Athens, Aretaieio Hospital**

**2004 – 2006:** Appointed as Lecturer (paid position under Presidential Decree 407/80) with teaching subject "Assisted Reproduction"

**2002 – 2004:** Appointed as Scientific Associate (unpaid position)

### **Publications / Research:**

- Makrakis, V. Dinopoulou, D. Giannaris 'The path of embryo selection for improving IVF success rates' – *Endocrinol Metab Int J* 2016, 3(2): 00041
- Pistofidis, E. Makrakis, P. Balinakos, E. Dimitriou, N. Bardis, V. Anaf. 'Report of seven cases of uterine rupture after laparoscopic myomectomy: An update of the literature' *Journal of Minimally Invasive Gynecology* 2012; 19(6):762-7
- Makrakis, K. Pantos. 'The outcomes of hysteroscopy in women with implantation failures after in vitro fertilization: findings and effect on subsequent pregnancy rates' *Current Opinion in Obstetrics and Gynecology* 2010; 22(4):339-43
- Makrakis, D.Hassiakos, D.Stathis, T.Vaxevanoglou, E.Orfanoudaki, K.Pantos. 'Hysteroscopy in women with implantation failures after IVF: findings and effect on subsequent pregnancy rates' *Journal of Minimally Invasive Gynecology* 2009; 16(2):181-7
- Makrakis, V. Papagianni, E. Deligeoroglou. 'A unique case of trichorionic quadruplet pregnancy after oocyte donation in a patient with Turner's syndrome' *Gynecological Endocrinology* 2009; 25(7):460-3
- Kokkali, J.Traeger-Synodinos, C.Vrettou, D.Stavrou, GM.Jones, DS.Cram, E.Makrakis, AO.Trounson, E.Kanavakis, K. Pantos. 'Blastocyst biopsy versus cleavage stage biopsy and blastocyst transfer for preimplantation genetic diagnosis of beta-thalassaemia: a pilot study' *Human Reproduction* 2007; 22(5): 1443-9
- Makrakis, R.Angeli, K.Agapitou, K.Pappas, A.Dafereras, K.Pantos. 'Laser versus mechanical assisted hatching: a prospective study of clinical outcomes' *Fertility and Sterility* 2006;86(6):1596-600

## Doctor's Brief Curriculum Vitae

- Kontoravdis, E.Makrakis, K.Pantos, D.Botsis, E.Deligeoroglou, G.Creatsas. 'Proximal tubal occlusion and salpingectomy result in similar improvement in in vitro fertilization outcome in patients with hydrosalpinx' *Fertility and Sterility* 2006;86(6):1642-9
- Grigoriou, **E.Makrakis**, S.Konidaris, D.Hassiakos, K.Papadias, S.Baka, G.Creatsas. 'Effect of sperm treatment with exogenous platelet-activating factor on the outcome of intrauterine insemination' *Fertility and Sterility* 2005; 83(3): 618-21.
- Salamalekis, **E.Makrakis**, N.Vitoratos, D.Chassiakos, S.Baka, G.Creatsas. 'Insulin levels, insulin resistance and leptin levels are not associated with the development of ovarian hyperstimulation syndrome.' *Fertility and Sterility*, 2004; 82(1): 244-246

### Scientific Interests

#### **Clinical Interests**

- Obstetrics and Gynecology
- Assisted Reproduction
- Gynecological Endocrinology
- Gynecological Endoscopy

#### **Research Interests and Activity**

- 56 publications in international peer-reviewed scientific journals
- 16 publications in Greek scientific journals
- 50 presentations at international scientific conferences
- 30 presentations at Greek scientific conferences

### In Summary:

Prof. Evangelos Makrakis, a gynecologist specialized in Assisted Reproduction and Reproductive Endocrinology, is the Scientific Director of the HYGEIA IVF Embryogenesis Unit.

He is an Associate Professor in the Medical School of Nicosia University, a graduate and PhD holder of the Athens University Medical School, and a gynecologist with extensive clinical experience and research activity.

He has a rich CV that includes clinical posts in UK hospitals, Scientific Director posts in assisted reproduction units of both university/academic (Atticon University Hospital, National and Kapodistrian University of Athens) and private sectors (EMBRYOART),

## Doctor's Brief Curriculum Vitae

publications in international scientific journals (1448 references and 20 h-index until July 2023), lectures and presentations in international and Greek conferences.

Dr. Makrakis teaches undergraduate classes (Medical School of the University of Athens) and postgraduate classes (in eight postgraduate courses of Greek Universities). He is a board member of the Greek Society for Fertility/Infertility, the Association of Greek Infertility Doctors and the Hellenic Society of Gynecologic Endocrinology. He is also a member of the European Society of Human Reproduction and Embryology and the American Society for Reproductive Medicine.

### Contact Details:

[evmakrakis@gmail.com](mailto:evmakrakis@gmail.com)

6972-910056