

Poulakis Vasileios

Director, Urologist

Profile

Director, Urology Clinic, Metropolitan Hospital

Urologist Surgeon / Andrologist

PhD, Giessen University, Germany

Honorary PhD, Timisoara University, Romania

Associate Professor, Frankfurt University, Germany

Associate Clinical Professor, Nicosia University, Cyprus

FEBU, Fellow of European Board of Urology

Previous Experience

- 1992: Military service (as a Camp Doctor)
- 1993-95: Rural Health service in Lindos, Rhodes (as Rural Doctor)
- During 2001-2006, he was Chief Registrar at the Urology and Pediatric Urology Clinic of the Nordwest Hospital in Frankfurt. He was the first to perform a laparoscopic radical prostatectomy procedure in Frankfurt. He held a record for the largest number of laparoscopic radical prostatectomy surgeries in Frankfurt, up until his return to Greece, after a successful career of 11 years in Germany. He has performed live surgeries during numerous laparoscopic conferences, both in Greece and in Germany. For a long time at the Nordwest Hospital in Frankfurt, he trained many Greek urologists in laparoscopic urology. He later hosted them as visiting physicians. In October 2006, he performed the first robotic radical prostatectomy surgery in Greece. He currently holds, based on the statistical data of the company representing the da Vinci robotic system in Greece, a record of the most – and most successful – robotic urological surgeries.
- In September 2006, upon his return to Greece, he founded and directed the Department of Urology at the Athens Medical Center and Doctors' Hospital, operating on a huge number of patients using the most current techniques, such as advanced laparoscopic urology, endourology, microsurgery, laser and robotic urology.
- Since November 2011, after accepting an invitation from the Metropolitan Hospital Management upon instalment of the newest,

at that time, “da Vinci Si HD” robotic system, he organized and managed the first robotic urology clinic at this private hospital, providing services to all the southern suburbs of Athens.

His teaching work includes training of medical students, nurses, and interns. He has taught courses on laparoscopic, robotic and laser surgeries.

He is by far the first most experienced robotic surgeon in Greece and in Europe, and the second most experienced robotic urologist worldwide.

Education/Training

- 1991: Graduation from the Medical School of the Aristotle University of Thessaloniki.
- 1994: Training in the specialty of Urology in Germany. In the last year of specialization he receives the honorary title of “Head of Resident”.
- 2001: Granting, following examinations, the title of Specialist in Urology (Urologist) in Germany.
- 2006: Awarding, after examinations, the diploma of the Fellow of European Board of Urology (FEBU)
- 1998-99: Training in the specialty of General Surgery, in Germany, with specialization in Colo-Proctology and Laparoscopic Surgery.

Special Achievements

- German education and full specialization in Urology in Germany
- His subsequent long-term work as Chief Consultant at the Academic Hospital Nordwest in Frankfurt, Germany
- His academic career at the University of Frankfurt, Germany
- His unique contribution to the initiation and establishment of Robotic Urology in Greece, as early as 2006.
He performed the first robotic radical prostatectomy in Greece in September 2006.
- His pioneering and continuous contribution to the initiation and establishment of Robotic Urology in Cyprus, as early as 2008.
He is by far the most experienced Robotic Surgeon in Cyprus, having performed to date (12/2025) more than 1,000 Robotic Urological procedures in Cyprus and is the only one who performs robotic radical cystectomies with intracorporeal neobladder creation in Cyprus.

- The performance of a total of more than 11,000 successful robotic surgeries, covering almost the entire spectrum of robotic urological applications, over a period of approximately 20 years. This number ranks him first (No. 1) in terms of Robotic Surgeon experience in Greece and Europe and second (No. 2) worldwide!
- His contribution to the launch of Single Port Robotic Surgery in Greece, making Metropolitan Hospital the first and only Hospital in South-Eastern Europe equipped with the da Vinci Single Port robotic system, having two additional state-of-the-art da Vinci Xi robotic systems.

Publications

- More than 45 publications in MEDLINE
- Reviewer in numerous high-impact international urological journals
- Chairman in many medical conferences and workshops
- Invited speaker at Medical Conferences and Workshops in Greece and abroad
- Author of Greek and foreign-language urological books
- Guest speaker in Greece and abroad

Distinctions

- 1990: "Nikolaos Sbarounis-Trikorfos" Award - best thesis of the academic year 1989-1990
- 1991: Scholarship of the Sailors' Home for excellent students, children of Sailors
- 1991: Graduation, following passing the Panhellenic exams, with honors of "Excellent Student" from the Aristotle University of Thessaloniki
- 1995 - 2025: Numerous awards for best papers, posters and surgical videos at Conferences and Workshops of the German and European Urological Association

- June 2021: Award to the first and most experienced Robotic Urologist Surgeon in Europe (and the second in the World), based on the number of robotic surgeries performed
Officially granted by the Sofmedica company, which is the official representative and distributor of Intuitive (American manufacturer of the da Vinci robotic system) in Greece
- May 2024: Award for the milestone of performing 10,000 robotic surgeries as a Console Surgeon with the da Vinci Robotic System since 2006
Issued and granted at an official award ceremony by Intuitive (American manufacturer of the da Vinci robotic system)

Fellowship in Societies and Associations

- Hellenic Urological Society
- American Urological Association
- German Urological Association
- German Association for Robotic-Assisted Urology
- Academy of German Urologists
- German Andrological Association
- Hellenic-German Urological Association
- European Urological Society
- International Urological Society
- (International) Society of Robotic Surgery
- Endo-Urological Society

Why Choose Dr. Poulakis?

- More than 11,000 successful robotic surgeries (status December 2025), which were performed entirely by Dr. Poulakis.
- He has by far the greatest robotic experience and number of robotic surgeries in Greece and Europe and is second in robotic experience and number of robotic surgeries worldwide.
- All the robotic surgeries are performed entirely and exclusively by Dr. Poulakis.
- Ensuring excellent results (97% of patients are cured of prostate cancer, 96% of patients regain urinary continence, 85% of patients regain sexual function).
- Minimal blood loss (no blood transfusion is needed in the vast majority of cases).
- Always performs surgeries with renowned, excellent Anesthesiologists and Urologist Assistants/Surgeons.
- Specialization not only in robotics but also in open, endoscopic, and laparoscopic surgery.
- Personal care, monitoring and follow up all of the patient by Dr. Poulakis, before and after the surgery.
- He has his Medical/Urological Office only within the Metropolitan Hospital, so that he can always be next to his operated patients and to have immediate access to any emergencies, dealing with them immediately and effectively.
- His Medical/Urological Office, at the Metropolitan Hospital, is open for medical visits and consultations 7 days a week with continuous hours from 7:00 to 21:00.
- Performs robotic surgeries every month, for 4-5 days, in Cyprus (approximately 120 robotic surgeries per year).
- The Urology Clinics he manages and directs, the first at Metropolitan Hospital in Neo Faliro, in Greece, is staffed with 5 experienced Urologist Consultants and the second at Apollonion Hospital in Nicosia, in Cyprus, is staffed with 2 experienced Urologist Consultants.
In this way, not only Dr. Poulakis but also his Associate Consultants are always available and next to the patient, covering any need for medical services at any time!
- Performs robotic surgeries in other countries abroad, supporting local Urologists in performing robotic surgeries (proctoring).
- Recognized trainer of young surgeons in robotics (the only Greek Urologist certified by the manufacturer of da Vinci, "Proctor by Intuitive Surgical").
- Performs robotic surgeries live at international conferences (live surgery), always receiving excellent reviews.

- Presentation of his robotic experience at numerous prestigious conferences and journals, both Greek and foreign.
- His robotic techniques are the most modern and established worldwide, guaranteeing excellent results, since he follows and is informed about everything new through specialized medical journals and books, as well as by attending most urological conferences, mainly with live surgeries, but also through his personal contact at conferences with the most experienced robotic surgeons in the world, whom he knows personally.
- He operates with the most modern robotic systems, two da Vinci Xi robotic systems and one da Vinci Single Port (SP, Single Port robotic system), fully equipped and in one of the largest and most modern private hospitals in Greece, the Metropolitan Hospital in Neo Faliro.
- And last but not least, in a period of prolonged economic crisis, it has the most affordable packages for patients without private insurance!