

Doctor's Brief Curriculum Vitae

Name and Title

IOANNIS A.RASSIAS MD-DIRECTOR -INTERVENTIONAL ELECTROPHYSIOLOGY AND PACING CLINIC AT METROPOLITAN GENERAL HOSPITAL IN ATHENS GREECE. [Photo]

Specialty:

CARDIOLOGIST-INTERVENTIONAL ELECTROPHYSIOLOGIST.

Place of work & Position

METROPOLITAN GENERAL HOSPITAL-ATHENS GREECE.

Education:

UNIVERSITY OF ATHENS -MEDICAL SCHOOL.

ONASSIS CARDIAC SURGERY CENTER RESIDENT IN CARDIOLOGY.

ONASSIS CARDIAC SURGERY CENTER FELLOW IN ELECTROPHYSIOLOGY.

Professional Experience:

-January 2000 - January 2004: Resident in Cardiology, 2nd Department of Cardiology, Onassis Cardiac Surgery Center, Athens, Greece.

-April 2004: Certified cardiologist (board examination), Prefecture of Athens.

-April 2004 - December 2007: research and clinical fellow in interventional electrophysiology and cardiac pacing at 2nd Department of Cardiology, Onassis Cardiac Surgery Center, Athens, Greece.

-December 2007- December 2012: consultant cardiologist in "Henry-Dunant" Hospital , Athens,Greece. (electrophysiology lab).

-September 2012 till 04/2018: consultant cardiologist in interventional electrophysiology and cardiac pacing at Onassis Cardiac Surgery Center, Athens, Greece.

-May 2018 till September 2023 Deputy Director in Interventional Electrophysiology and Cardiac Pacing Department at METROPOLITAN GENERAL HOSPITAL in Athens,Greece.

-October 2023 till today Director in Interventional Electrophysiology and Cardiac Pacing Department at METROPOLITAN GENERAL HOSPITAL in Athens.

During this period (**April 2004 till now**) I have performed the following procedures as 1st or 2nd operator: >**3000** ablations including complex ablations like ATRIAL FIBRILLATION and VENTRICULAR TACHYCARDIAS ABLATIONS and standard ablations like AVNRT,AVRT, ATRIAL TACHYCARDIAS,HIS ABLATION,CAVOTRICUSPID FLUTTER and IDIOPATHIC RVOT LV VENTRICULAR TACHYCARDIAS.

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>4000 devices implantation including PMs,CSP pacing, AICDs, BV PMs , BV AICDs and ILRs.

Publications / Research

- 1.Epidemiological research on the female urinary incontinence in the Laconian area of Greece.
P.Kalomiris, P.Bobotsi, D.Theofilopoulos, I.Rassias et al.International Continence Society.26th Annual Meeting.27-30 August 1996, Athens,Greece.
- 2.Non invasive monitoring of levosimendan infusion in patients with decompensated heart failure.
I.Rassias, S.Kyrzopoulos, D.Tsiapras, S.Adamopoulos, E.Iliodromitis,I.Paraskevaidis, D.Kremastinos. 5th International Symposium on Echocardiology, Athens 2003.Hellenic Journal of Cardiology, vol 44 (supplement C), 2003.
- 3.Brain natriuretic peptide and interleukin-6 levels measurement in the serum of patients with advanced chronic heart failure following administration of calcium sensitizer levosimendan.
Chemistry and Laboratory Medicine. Barcelona, 2003. Clinical Chemistry and Laboratory Medicine Special Supplement vol 41:413.
A.Chaidaroglou, S.Adamopoulos, S.Kyrzopoulos, I.Rassias, D.Degiannis, K.Koniavitou, D.Kremastinos.1 5th European Congress of Clinical Chemistry and Laboratory Medicine. Barcelona, 2003. Clinical Chemistry and Laboratory Medicine Special Supplement vol 41:41 3.
- 4.Biventricular pacing in heart failure patients improves heart rate variability.
E.Livanis, F.Colocathis, D.Leftheriotis, G.Theodorakis, P.Flevari, I.Rassias. D.Kremastinos.3rd International Meeting .10th Anniversary of the Onassis Cardiac Surgery Center.April10-13, 2003, Athens, Greece.
- 5.Non invasive monitoring of levosimendan decompensated heart failure.
D.Tsiapras, S.Adamopoulos, E.Iliodromitis, S.Kyrzopoulos, D.Kremastinos. I.Paraskevaidis, I.Rassias,
Barcelona, Spain, Euroecho ,2003.December.
- 6.Biventricular pacing:18 months follow-up of ventricular leads electrical variables.S.Kyrzopoulos,AKostopoulou,
I.Rassias,E.Livanis,E.Evgeniadou,G.N.Theodorakis, D.T.Kremastinos. Europace 2005, 26-29 June 2005, Prague, Czech Republic.
- 7.Long-term outcome of radiofrequency ablation in patients with incessantventricular tachycardias related to coronary artery disease. AKostopoulou, E.Livanis, N.Aggelopoulou, E.Zarvalis, T.Mesiskli, I.Rassias,D.T.Kremastinos,G.N.Theodorakis, Prague, Czech Republic.Europace 2005, 26-29 June 2005,

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8. Cryoablation as a therapeutic approach in atrial fibrillation. G.N.Theodorakis E.G.Livanis, A Kostopoulou, I.Rassias, P.Margos, D.T.Kremastinos
World Congress of Cardiology 2006, 2-6 September 2006, Barcelona, Spain.

9. Ablation of incessant ventricular tachycardias in patients with ischemic cardiomyopathy.
A Kostopoulou, G.N.Theodorakis, E.G.Livanis, I.Rassias,
E.Zarvalis, T.Mesiskli, D.T.Kremastinos.
World Congress of Cardiology 2006, 2-6 September 2006, Barcelona, Spain.

10. Cryoablation in paroxysmal atrial fibrillation.
A Kostopoulou, G.N.Theodorakis, E.G.Livanis, I.Rassias,
P.Margos, D.T.Kremastinos.
4th International Meeting of the Onassis Cardiac Surgery Center. Current
Advances in Cardiac Surgery and Cardiology. 30 November - 2 December 2006,
Athens, Greece.

11. Radiofrequency ablation of incessant ventricular tachycardias in ischemic cardiomyopathy.
A Kostopoulou, G.N.Theodorakis, E.G.Livanis, I.Rassias,
E.Zarvalis, T.Mesiskli, D.T.Kremastinos. D.T.Kremastinos.
4th International Meeting of the Onassis Cardiac Surgery Center. Current Advances
in Cardiac Surgery and Cardiology. 30 November - 2 December 2006, Athens, Greece.

12. NT-pro BNP during exercise in paroxysmal atrial fibrillation.
A Kostopoulou, E.G. Livanis, I.Rassias, D.Deyannis, G.N.Theodorakis.
Europace 2007, 25-28 June 2007, Lisbon, Portugal.

13. NT-pro BNP during exercise in paroxysmal atrial fibrillation.
A Kostopoulou, E.G.Livanis, I.Rassias, D.Deyannis, G.N.Theodorakis.
European Society of Cardiology Congress 2007- 1-5 September 2007.

14. Cryoablation as a therapeutic approach to paroxysmal atrial fibrillation.
Ph.Cokkinos, A Kostopoulou, E.G.Livanis, I.Rassias, G.N.Theodorakis.
Venice Arrhythmias 2007 Venice

15. Remote monitoring follow up of implantable cardioverter defibrillator recipients.
Initial experience from a Greek hospital.
I.Rassias, S.Tzeis, G.Andrikopoulos, G.N.Theodorakis. Cardiology
Department, Henry Dunant Hospital.
14th World Congress of the Society of Arrhythmias ILCPE.
December 11-14, 2011, Athens, Greece.

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16. Interaction of portable metal detector used in airport controls with implantable pacemakers and cardioverter defibrillators.

STzeis, G. Andrikopoulos, Jilek C, I. Rassias, Kolb C, G. N. Theodorakis.

Cardiologic Department, Henry Dunant Hospital.

14th World Congress of the Society of Arrhythmias ICPES.

December 11 - 14, 2011, Athens, Greece.

17. Implantable cardioverter defibrillators in ventricular assist device-supported heart failure patients.

A. Gouziouta, G. Karavolias, A. Kostopoulou, A. Katsianis, I. Rassias, G. Poulos,

Th. Maounis, E. G. Livanis, G. N. Theodorakis, S. Adamopoulos.

Europace 2013, 23-26 June 2013, Athens, Greece.

18. Ectopic electrical activity in right atrial veins of patients with atrial fibrillation undergoing pulmonary vein ablation: prevalence and patients characteristics.

A. Kostopoulou, E. G. Livanis, P. Kourkouveli, K. Farsalinos, I. Rassias, G. N. Theodorakis.

Europace 2013, 23-26 June 2013, Athens, Greece.

1. Intravascular p-radiation may acutely increase coronary collateral blood flow in patients with coronary artery disease.

Circulation. 2003 Jan 28;107(3).

Z. Kyriakides, I. Rassias, D. Kremastinos

2. Levosimendan reduces plasma B-type natriuretic peptide and interleukin 6 and improves central hemodynamics in severe heart failure patients.

Int J Cardiol. 2005 Mar 30;99(3):409-13.

Kyrzopoulos. S, Adamopoulos. S, Parissis. J.T, Rassias. I, Kostakis.

G, Iliodromitis. E, Ogiannis. O, Kremastinos. O.T.

3. ESC-EURObservational Research Programme: the Atrial Fibrillation Ablation Pilot Study, conducted by the European Heart Rhythm Association.

Europace. 2012 Aug;14(8):1094-103. Epub 2012 May 24.

Arbelo E, Brugada J, Hindricks G, Theodorakis G, Rassias. I, et al;

Atrial Fibrillation Ablation Pilot Study Investigators.

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4.Tachycardia induction due to inappropriate implantable cardioverter defibrillator therapy: what is the mechanism?

Hellenic J Cardiol. 2010 Nov-Dec;51 (6):558-62.

Tzeis S, Andrikopoulos G, Rassias I, Theodorakis G.

5.Safety of Screening Procedures With Hand-Held Metal Detectors Among Patients With Implanted Cardiac Rhythm Devices: A Cross-sectional Analysis.

Ann Intern Med. 2011 Nov 1;155(9):587-92.

Jilek C, Tzeis S, Vrazic H, Semmler V, Andrikopoulos G, Reents T, Fichtner S, Ammar S, Rassias I, Theodorakis G, Weber S, Hessling G, Oeisenhofer I, Kolb C.

6."Cardiac resynchronization therapy in Becker muscular dystrophy", 2012,

Hellenic J Cardiol. 2013 Jan-Feb ;54(1):42-45.

Andrikopoulos G, S Kourouklis, C. Trikka, Tzeis S, Rassias I, A. Katsivas, Theodorakis G.

7.The Atrial Fibrillation Ablation Pilot Study: an European Survey on Methodology and results of catheter ablation for atrial fibrillation conducted by the European Heart Rhythm Association.

Eur Heart J. 2014 Jun 7;35(22):1466-78. Arbelo E, Brugada J, Hindricks , Theodorakis G, I. RASSIAS et al; Atrial Fibrillation Ablation Pilot Study Investigators.

Scientific Interests

ARRHYTHMIAS-ELECTROPHYSIOLOGY-CARDIAC IMPLANTABLE ELECTRONIC DEVICES-SUDDEN DEATH

Honors & Awards

- successfully passed the certification examination of European Society of Cardiology level 1 in Cardiac Implantable Electronic Devices in June 2013. **(EHRA Certified Cardiac Device Specialist level 1) (ECDS level 1).**
- successfully passed the certification examination level 2 in Cardiac Implantable Electronic Devices in August 2014. **(EHRA Certified Cardiac Device Specialist level 2) (ECDS level 2).**
- successfully passed the certification examination level 1 in Electrophysiology in June 2017. **(EHRA Certified Electrophysiology Specialist level 1) (ECES level 1).**

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- successfully passed the certification examination level 2 in Clinical Electrophysiology in May 2018. **.(EHRA Certified Electrophysiology Specialist level 2) (ECES level 2).**

-awarded certification in European Heart Rhythm Association Cardiac Implantable Electronic Device from October 2025 till October 2035.

Languages:

English French Italian Greek

Contact Details:

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