

Doctor's Brief Curriculum Vitae

**Name and Title:**

Dimitrios Sofianos, MD

Specialty:

Cardiologist, Arrhythmologist –
Interventional Electrophysiologist

Place of work & Position

Deputy Director of Clinic of Arrhythmias, Electrophysiology and Pacing, Metropolitan General Hospital, Athens, Greece

Education:

- Medical Degree (MD), University of Thessaly, School of Health Sciences, Faculty of Medicine, Larissa , Greece (2007)
- National Board Certification in the medical specialty of Cardiology (Cardiology Degree) (2017)
- European Diploma in General Cardiology (European Society of Cardiology) (2017)
- Postgraduate Degree in Cardiac Electrophysiology and Pacing (Faculty of Medicine and Pharmacy, Vrije Universiteit Brussel, Belgium) (2021)

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Professional Experience:

- Interventional Electrophysiologist – Arrhythmologist, Deputy Director of Clinic of Arrhythmias, Electrophysiology and Pacing, Metropolitan General Hospital, Athens, Greece (1st of September 2024 – present...)
- Interventional Electrophysiologist – Arrhythmologist, Electrophysiology and Pacing Laboratory, Cardiology Department, European Interbalkan Medical Center, Thessaloniki, Greece (January 2022 – August 2024)
- Clinical Fellow in interventional cardiac electrophysiology, Hartcentrum, Ziekenhuis Netwerk Antwerpen (ZNA Middelheim) – Antwerp, Belgium (November 2020 – November 2021)
- Clinical Fellow in interventional cardiac electrophysiology, Heart Rhythm Management Centre, Universitair Ziekenhuis Brussel – Brussels University Hospital, Belgium (October 2019 – October 2020)
- Cardiac Electrophysiology Trainee - Scientific Associate, Electrophysiology and Pacing Laboratory, 1st Cardiology Department, AHEPA University General Hospital, Aristotle University of Thessaloniki, Greece (July 2017 – October 2019)
- Cardiology Resident, 1st Cardiology Department, AHEPA University General Hospital, Thessaloniki, Greece (November 2015 - July 2017)
- Cardiology Resident, Cardiology Department, General Hospital of Kilkis, Greece (April 2012 – October 2015)
- Internal Medicine Resident, 2nd Internal Medicine Department, General Hospital Of Drama, Greece (December 2009 – February 2012)
- General Practice Doctor, Primary Health Center, Kranea, Ellassona, Prefecture of Larissa, Greece (June 2009 – December 2009)
- Army General Practice Doctor, Hellenic Airforce Military Units and Airports (April 2008 – February 2009)

Publications / Research:

- Co-Investigator in the clinical trial ACHIEVE PLUS STUDY (2021) (A single center randomized study to assess the clinical value of additional electroanatomical mapping to achieve catheter guided cryoballoon pulmonary vein isolation) Electroanatomical mapping improves procedural outcomes of cryoballoon pulmonary vein isolation (the Achieve Plus study). Journal of Interventional Cardiac Electrophysiology, 2023 Jun;66(4):923-930. Epub 2022 Oct 10

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- Sub-Investigator in international multicenter randomized clinical trial PARAGON-HF (CLCZ696D2301) (2017 – 2019)
- Sub-Investigator in international multicenter randomized clinical trial AFFILIATE (A1481324) (2017)
- 11 publications (peer reviewed) in international journals of Cardiology
- 21 scientific presentations (oral presentations and posters) in medical congresses
- Author of the chapter “Cardiac Arrhythmias” (Chapter 10) in the greek textbook of cardiology: ΚΑΡΔΙΟΛΟΓΙΑ – Γεώργιος Α. Γιαννακούλας (Εκδόσεις Ροτόντα, 2022 - ISBN 9786185288570) - “CARDIOLOGY” G. A. Giannakoulas (Rotonda Publications, 2022 - ISBN 9786185288570).

Scientific Interests

Cardiac Arrhythmias, Atrial Fibrillation, medical and interventional treatment of cardiac arrhythmias, electrophysiological studies, interventional ablation procedures of cardiac arrhythmias, implantation – interrogation – programming of cardiac implantable electronic devices (pacemakers – defibrillators), Heart Failure management and treatment, primary inherited arrhythmic syndromes (channelopathies), syncope investigation and management, transcatheter left atrial appendage occlusion.

Honors & Awards

- Educational Grant (scholarship) awarded by the Hellenic Society of Cardiology for training in Cardiac Electrophysiology and Pacing (2018)
- Prize for the best abstract – scientific oral presentation in Cardiac Electrophysiology (11th Congress Of Innovations in Interventional Cardiology and Electrophysiology, Thessaloniki, Greece, 2018)

Languages:

English (Certificate of Proficiency in English, Cambridge University, UK)

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