

## Doctor's Brief Curriculum Vitae



### **Name and Title:**

Charalampos Spyropoulos, MD, PhD, FACS

### **Specialty:**

Consultant in General and Digestive Surgery

Metabolic and Bariatric Surgeon

Surgeon of Excellence in Hernia and Abdominal Wall Reconstruction Surgery

Proctor in Robotic Surgery

### **Place of work & Position**

Director of the 3<sup>rd</sup> Department of Surgery, Division of Gastrointestinal and Bariatric/Metabolic Surgery, Metropolitan General Hospital, Athens, Greece

Director of the Center of Excellence in Abdominal Wall Hernia Surgery, Metropolitan General Hospital, Athens, Greece

### **Education:**

- April 2014, PhD

Thesis Title: "Expression of oestrogen receptors in primary melanomas and their sentinel lymph nodes". Original research in the role of oestrogen receptor alpha and beta expression in melanoma sentinel lymph nodes in relation to tumour's progression

University of Patras, School of Medicine, Patras, Greece

- November 2009

Title of Specialist General Surgeon, Patras, Greece, (FRCS equivalent), University of Patras, School of Medicine, Patras, Greece

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- June 2006

Post – Graduate Course in Basic Medical Sciences, University of Patras, School of Medicine, Patras, Greece

- December 2000

Diploma in Medicine (MD), University of Patras, School of Medicine, Patras, Greece

### Continuous Training

- January 2023

Observationship in advanced abdominal wall reconstruction, Anne Arundel Medical Center, Annapolis, USA, (Medical Director, Dr Igor Belyansky)

- December 2022

Advanced Training in Robotic Bariatric Surgery, University Hospital of Geneva, Geneva, Switzerland, Belgium (Medical Chief, Dr Frederic Triponez)

- November 2019

Advanced Training in Revisional Bariatric Surgery, AZ Sint-Jan Hospital, Bruges, Belgium (Medical Chief, Dr Bruno Dillemans)

- September 2018

Certification of Robotic Surgery (Console Surgeon), Misericordia Hospital, Grosseto, Italy (Prof. Pier Cristoforo Giulianotti)

- November 2017

Training in TEP and TAPP inguinal hernia repair, ICENI Centre, Colchester, UK, (Prof. Roger Motson)

- May 2016

Training in abdominal wall hernia repair – LIRA technique (Laparoscopic intracorporeal rectus aponeuroplasty), University Hospital "Virgen del Rocío", Seville, Spain (Assoc. Prof. Salvador Morales-Conde)

- December 2016

Course in Minimally Invasive Colorectal Surgery, IRCAD-EITS, University Hospital of Strasbourg, France

- March 2015

Visiting fellow in upper GI, bariatric and colorectal laparoscopic surgery, German Red Cross - Clementinenhaus Hospital, Hanover, Germany (Dr Med Andreas Kuthe)

- March 2014

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Training in emergency abdominal ultrasonography (Level I certification), Hellenic Society for Ultrasound in Medicine and Biology, Athens, Greece

- January 2014

Instructor in Advanced Trauma Life Support (ATLS), American College of Surgeons, Division of Trauma, Hellenic Chapter, Patras, Greece

- November 2008

Intensive course in Minimally Invasive General Surgery, IRCAD-EITS, University Hospital of Strasbourg, France

### Professional Experience:

- 01/09/2013 – Present

Consultant in General Surgery, Director of 3rd Surgical Department (Laparoscopic Gastrointestinal and Bariatric Surgery) / Director of the SRC accredited Center of Excellence for Hernia Surgery

- Minimally Invasive Repair of abdominal wall hernias (Laparoscopic / Robotic IPOM/TAPP/ eTEP/TARM/TAR repair for incisional hernias / Accredited Surgeon of Excellence and Master Surgeon (SRC accredited) for hernia surgery
- Endoscopic (TEP/TAPP/eTEP) inguinal hernia repair
- Laparoscopic and robotic bariatric surgery (including gastric bypass, single-anastomosis gastric bypass, sleeve gastrectomy, SADI-S). Routine follow-up of all patients undergoing bariatric surgery, including evaluation and correction of any metabolic disorders.
- Laparoscopic and Robotic upper GI procedures (Nissen fundoplication, hiatal hernia repair) and most cases of Emergency Surgery (laparoscopic cholecystectomy for acute and chronic cholecystitis, laparoscopic appendectomy, laparoscopic small bowel and ileocecal resections, laparoscopic treatment of perforated duodenal ulcers, laparoscopic adhesiolysis in small bowel obstruction)
- Laparoscopic colorectal surgery
- 1 / 7 on call rota for general and emergency surgery

Metropolitan General Hospital, Athens, Greece

- 10/08/2012 – 10/08/2013

Locum Consultant in General Surgery

- Member of the Multidisciplinary Team treating patients with clinically severe obesity.
- 1st Assistant in more than 350 bariatric procedures

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- Researcher in the effect of malabsorptive bariatric procedures in patients with super-obesity (BMI > 50 kg/m<sup>2</sup>) regarding weight loss and their metabolic profile
- Provision of care for various outpatient cases once a week and management simultaneously of 10-20 inpatients on the ward.
- 2-4/7 on call rota for general and emergency surgery
- Management of acutely ill patients, independently making critical therapeutic decisions.
- Independently performing over 100 bariatric operations / year
- Numerous emergency cases, including major trauma

Department of Surgery, University Hospital of Patras, Rion, Greece

Tertiary University Hospital

- 20/05/2012 – 31/07/2012

Clinical Fellow in Colorectal Surgery

- Member of the colorectal team at Stepping Hill Hospital in Stockport (Greater Manchester)
- Attached to two colorectal consultants (Mr Rai and Mr Reid) for fixed periods
- Responsible for 2/7 week on call rota
- Attending day surgery and endoscopy sessions
- Individually performing minor, intermediate and (under supervision) major surgical procedures.
- Due to family reasons (serious medical issues of my mother), I had to return to my home-country after the completion of my contract, although renewal was proposed.

Department of Colorectal Surgery, Stepping Hill Hospital, Stockport, Greater Manchester, UK

UK NHS General Hospital

- 11/01/2010 – 11/01/2012

Locum Consultant in General and Emergency Surgery, Fellowship in Bariatric and Metabolic Surgery

- Attached to the Department of General Surgery at the University Hospital of Patras.
- Responsible medical officer for Emergency Surgery
- Joined the division of Bariatric Surgery (preoperative evaluation, assistant in most cases of primary and revisional bariatric surgery, postoperative follow-up)

Department of Surgery, University Hospital of Patras, Rion, Greece

Tertiary University Hospital

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### Publications / Research:

Participation in more than 100 Meetings or Congresses in Greece and Europe, 45 presentations in meetings.

### SCIENCE CITATION INDEX

Scopus: 629 CITATIONS - h index = 12 (<https://orcid.org/0000-0003-3598-5703>)

### Scientific Interests

Bariatric and Metabolic Surgery, Complex abdominal wall reconstructive surgery

Throughout my clinical career, I have been involved in teaching at various levels conducting small group tutorials, clinical demonstrations and didactic lectures. Briefly, my teaching experience includes:

- 2024 - : Instructor and Tutor in Robotic Surgery for Junior Surgeons (Instructor Intuitive Medical)
- 2020-2024: Instructor in cadaveric courses for endoscopic hernia repair (NODE Institute, YGEIA Hospital, Athens, Greece)
- 2015 – 2019: Lectures in Bariatric and Metabolic Surgery for the medical students at the 2nd Department of Surgery, “LAIKON” University Hospital, Athens, Greece (Visiting Faculty Surgeon)
- 2014: Lectures in Trauma and Emergency Surgery for the medical students and resident surgeons at the Department of Surgery, University Hospital of Patras.
- 2014 - 2019: Accredited and Teaching as a National Instructor in ATLS program (Hellenic Trauma Chapter of the American College of Surgeons)
- 2011-2013: Lectures for the medical students attending the outpatient clinics as well as the allied medical staff at the Department of Surgery, University Hospital of Patras, Greece

### Honors & Awards

- Accredited Proctor in Robotic Surgery by Intuitive Medical
- Member of the General Medical Council (GMC Reg. 7231229, Specialist Register) (February 2010)
- Member of the Hellenic Surgical Society (January 2015)

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- Member of the Hellenic Obesity Surgical Society (January 2017) / Elected member of the board of the Society (2020-) / Current Position: General Secretary
- Member of the European Hernia Society (EHS) (2019)
- Fellow of the American College of Surgeons (FACS) (January 2018)
- Member of the European Association for Endoscopic Surgery (EAES) (June 2016)
- Member of the International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO) (June 2018)

### **Languages:**

Mother language: Greek

English (Proficiency Level), French (Certificate I Level)

Understanding		Speaking				Writing	
Listening		Reading		Spoken interaction	Spoken production		
	English		Fluent		Fluent		Fluent
	French		Good		Good		Good

### **Contact Details:**

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