

Short Curriculum Vitae of a Doctor

Name and Title:

KONSTANTINOS N. XIROMERITIS

MD, PhD, MSc [Photo]

**Specialty:**

VASCULAR SURGEON.

Place of Work & Position

Director of the Fourth Vascular Surgery Clinic

Venous Diseases Laser, Metropolitan General

Education:

April 1990 - July 1992 : Albert-Ludwigs Universität Freiburg im Breisgau, Freiburg, Germany, Medical School / University of Freiburg Germany, Faculty of Medicine.

December 1992: Transfer Examinations to Greek Universities from Universities Abroad, Aristotle University, Thessaloniki / Admission to the 3rd year of the Medical School of the National and Kapodistrian University of Athens

March 1993 - July 1996 : Medical School, National and Kapodistrian University of Athens, Grade : Very Good (7,44)

License to Practice Medicine : 1996, Prefecture of Athens, Sector of Eastern Athens, Directorate of Health and Public Hygiene

POSTGRADUATE EDUCATION**Specialisation**

-November 1997- July 1998 : Resident in General Surgery, 251 Air Force General Hospital
- Practice in Vascular Surgery

-February 2000- July 2002 : Resident in General Surgery, University of Athens Propaedeutic Surgery Clinic, Hippocrates Hospital

-January 2003- October 2003: Resident in Vascular and Endovascular Surgery, Vascular Surgery Department, Klinikum Nürnberg, Nürnberg, Germany. (Director: Professor Diether Raithel)

Short Curriculum Vitae of a Doctor

-April 2005- August 2008 : Resident in Vascular Surgery, First Surgery Clinic of the University of Athens, Department of Vascular Surgery, Laiko Hospital

-August 2007- February 2008: Six-month training in Cardio-Surgery at the Cardiac Surgery Clinic of "Evangelismos" Hospital, in the context of the specialty of Vascular Surgery, under the direction of Christos E. Charitos

-February 2008- August 2008: Six-month practice in Thoracic-Surgery at the Thoracic and Vascular Surgery Clinic of the "Evangelismos" Hospital, in the context of the specialty of Vascular Surgery, under the direction of Ion Bellenis.

POSTGRADUATE PROGRAMS

- Special Scientific Training Cycle of the Private Academy of the German Society of Vascular Surgery entitled: "Endovascular Therapy"
- Special seminar of the Private Academy of the German Society of Vascular Surgery for Medical Training of the Federal State of Bavaria on the subject: "Intravascular Treatment of Carotid Stenosis"
- January 2010 - January 2011 : Successful attendance of the Transnational Postgraduate Program (MSc) entitled "Endovascular Techniques" / Organization and Operation : Vascular Surgery Clinic of the Medical School of the National and Kapodistrian University of Athens, P.G.N. Attikon
- Special seminar of Vascutek Terumo under the auspices of the Royal College of Radiologists on the intravascular treatment of abdominal aortic aneurysms entitled: "Anaconda Workshop", Royal Derby Hospital, United Kingdom, 8-9 September 2010.
- Introductory Training Seminar on the invasive laser treatment of venous insufficiency after varicose enlargements of the major and minor saphenes under the auspices of Angiodynamics and under the guidance of vascular surgeon Dr. Chris Backhouse entitled: "Delta 15 Laser & EVLT Procedure - introductory training session", 21 March 2011, Colchester General Hospital, United Kingdom.
- Special seminar of Lombard Medical on the endovascular repair of abdominal aortic aneurysms entitled: "Aorfix Training Workshop", Royal United Hospital Bath, United Kingdom, 22-23 March 2011.
- Special Scientific Training Cycle of the Private Academy of the German Society of Vascular Surgery entitled: "Endovascular Repair of Aortic Aneurysms" (EVAR:Grund-/Aufbau Kurs)-Sept. 2011
- Monitoring-Training in the modern treatment of venous diseases at the Venenzentrum am See-Zürich (Gemeinschaftspraxis Prof. Dr. med. M. Enzler)- 04.-07 June 2012. Intraluminal thermal treatment of varicose veins with radial laser - ELVeS Biolitec and RF-ClosureFast radio frequencies, small diameter sclerotherapy of varicose veins and spider veins.
- Monitoring-Training in the modern treatment of venous diseases at VenenZENTRUM FREIBURG (M. + K. Hartmann)- 08-15 June 2012.

Short Curriculum Vitae of a Doctor

- Intraluminal thermal treatment of varicose veins with radial laser - ELVeS Biolitec, RF-ClosureFast radio frequencies and mechanically assisted sclerotherapy ClariVein.
- Participation in 6. Berliner Venen-Workshop under the auspices of the Deutsche Gesellschaft für Phlebologie – 15.03.2013, Berlin, Deutschland.
- Follow-up of the work of 55. Jahrestagung der Deutschen Gesellschaft für Phlebologie 02-05.10.2013 im CCH- Congress Center Hamburg as well as active participation in the Seminar, Update Phlebologie, the Seminar, Crashkurs Phlebologie and the Workshop Endoluminale Therapie der Varicosis.
- Follow-up of the work of the 56. Jahrestagung der Deutschen Gesellschaft für Phlebologie 17-20.09.2014 at the Gasteig Kulturzentrum München as well as active participation in the Seminar, Update Phlebologie, the Seminar, the Crashkurs Phlebologie and the Workshop Endoluminale Therapie der Varicosis
- Follow-up of the work of 57. Jahrestagung der Deutschen Gesellschaft für Phlebologie 23-26.09.2015 in Bamberg as well as active participation in the Seminar, Update Phlebologie, the Seminar, Crashkurs Phlebologie and the Workshop Endoluminale Therapy der Varicosis
- Participation in 9. Berliner Venen-Workshop, under the auspices of the Deutsche Gesellschaft für Phlebologie, 14-15.04.2016, Berlin, Deutschland.
- Follow-up of the work of 58. Jahrestagung der Deutschen Gesellschaft für Phlebologie 30.09-03.10.2016 in Dresden as well as active participation in the Seminar, Update Phlebologie, the Seminar, the Crashkurs Phlebologie and the Workshop Endoluminale Therapie der Varicosis
- Participation in 10. Berliner Venen-Workshop, under the auspices of the Deutsche Gesellschaft für Phlebologie, 23-24 March 2017., Berlin, Deutschland.
- Participation in 11. Berliner Venen-Workshop, under the auspices of the Deutsche Gesellschaft für Phlebologie, 19-20 April 2018., now in Venenzentrum Freiburg, Deutschland.

MSc : January 2010 - January 2011 : Successful attendance of the **Transnational Postgraduate Program (MSc)** entitled "***Endovascular Techniques***" / Organization and Operation : Vascular Surgery Clinic of the Medical School of the National and Kapodistrian University of Athens, P.G.N Attikon.

Professional Experience:

Short Curriculum Vitae of a Doctor

- October 2009 - April 2011: Assistant Registrar B, Department of Vascular Surgery, University of Athens
- March 2012-April 2019 : Scientific Director of the Center for the Diagnosis and Treatment of Venous Diseases of the Athens Bioclinic
- May 2016 : Associate Vascular Surgeon at HYGIA Hospital
- April 2019 until today: Director of the Fourth Vascular Surgery Clinic-Intravenous Laser of Venous Diseases, Metropolitan General.

Clinical Interest

Doctoral Thesis:

2004- 2008

"The contribution to the study of the diagnostic and prognostic value of Laser Doppler in the arterial interception syndrome of the upper limb after performing arteriovenous communication in hemodialysis renal patients"

First Surgical Clinic of the National and Kapodistrian University of Athens, Laiko Hospital

Grade: Very Good

Publications / Research: Participation in total in:

- 22 foreign language publications in international journals
- 2 published abstracts of international conference papers in international journals
- 9 papers presented at international conferences
- 4 publications in Greek magazines
- 18 papers in Greek conferences
- 9 posted announcements-research posters

1. SIMULTANEOUS VENOUS GANGRENE IN BOTH LOWER AND UPPER LIMB.- A case report Christos N. Bakoyiannis, Sotiris E. Georgopoulos, Nikolaos S. Tsekouras, Christos N. Klonaris, Konstantinos N. Xiromeritis, Elias A. Bastounis International Angiology- March 2006; 25(1):90-2
2. MESENTERIC ISCHEMIA- STILL A DEADLY PUZZLE FOR THE MEDICAL COMMUNITY Michael Stamatakos, Charikleia Stefanaki, Dimitrios Mastrokalos, Helen Arampatzis, Panagiotis Safioleas, Constantinos Chatzikonstantinou, Constantinos Xiromeritis, Michael Safioleas Tohoku J. Exp. Med., 2008 November,216(3), 197-204 PMID:18987453 [Pubmed- indexed for MEDLINE]
3. ARTERIAL STIFFNESS BUT NOT INTIMA-MEDIA THICKNESS IS INCREASED IN EUTHYROID PATIENTS WITH HASHIMOTO'S THYROIDITIS : THE EFFECT OF MENOPAUSAL STATUS Stamatelopoulos KS, Kyrkou K, Chrysochoou E, Karga H, Chatzidou S, Georgopoulos G, Georgiou S, Xiromeritis K, Papamichael CM, Alevizaki M Thyroid.2009 August; 19(8):857-862. PMID: 19348585 [PubMed-indexed for MEDLINE]
4. SCHEMATIC COLITIS : SURGING WAVES OF UPDATE Michael Stamatakos, Emmanuel Douzinas, Charikleia Stefanaki, Constantina Petropoulou, Helen

Short Curriculum Vitae of a Doctor

Arampatzis, Constantinos Safioleas, George Giannopoulos, Constantinos Chatziconstantinou, Constantinos Xiromeritis, Michael Safioleas Tohoku J. Exp. Med., 2009, 218(2), 83-92 PMID: 19478463 [Pubmed- indexed for MEDLINE]

5. COMPLETE ABDOMINAL AORTIC ANEURYSM THROMBOSIS AND OBSTRUCTION OF BOTH COMMON ILIAC ARTERIES WITH INTRATHROMBOTIC PRESSURES DEMONSTRATING A CONTINUING RISK OF RAPTURE : A CASE REPORT AND REVIEW OF THE LITERATURE Filis KA, Lagoudianakis EE, Markogiannakis H, Kotzadimitriou A, Koronakis N, Bramis K, Xiromeritis K, Theodorou D, Manouras A J Med Case Reports. 2009 November 24; 3:9292 PMID: 20062781 [Pubmed- in process]
6. AORTIC NECK DILATATION AND ENDOGRAFT MIGRATION AFTER EVAR Ilias Dalainas, MD, PhD, Konstantinos Xiromeritis, MD, PhD Journal of Endovascular Therapy, 2010 Dec; 17(6):685-686 PMID: 21142473 [Pubmed- indexed for MEDLINE]
7. THE CRITICAL ROLE OF THE EXTERNAL CAROTID ARTERY IN CEREBRAL PERFUSION OF PATIENTS WITH TOTAL OCCLUSION OF THE INTERNAL CAROTID ARTERY Ilias Dalainas, Efthimios Avgerinos, Marios Daskalopoulos, Anastasios Papapetrou, Christos Papasideris, Vasileios Katsikas, Konstantinos Xiromeritis, Konstantinos Moulakakis, Triantafilos Giannakopoulos, Christos Liapis International Angiology 2012 Feb; 31(1):16-21
8. ACUTE CAROTID STENT THROMBOSIS AFTER CAROTID ARTERY STENTING K. Xiromeritis, I. Dalainas, M. Stamatakos, V. Katsikas, V. Martinakis, K. Stamatelopoulos, V. Psarros Eur Rev Med Pharmacol Sci 2012 Mar; 16(3):355-62
9. THE ROLE OF AORTOUNILIAC DEVICES IN THE TREATMENT OF ANEURYSMAL DISEASE Katsikas VC, Dalainas I, Martinakis VG, Xiromeritis K. Eur Rev Med Pharmacol Sci 2012 Aug; 16(8):1061-71 PMID: 22913157 [Pubmed- indexed for MEDLINE]
10. CORONARY BLOOD FLOW DURING REPERFUSION AS AN INDEX OF THE EXTEND OF MICROVASCULAR DAMAGE : EXPERIMENTAL STUDY Tsagalou E., Charitos E., Venetsanakos J., Lazaris N., Pantsios C., Katsaros F., Malliaras K., Koudoumas D., Xiromeritis K., Nanas J. Journal of Molecular and Cellular Cardiology, Volume : 44, Issue : 4, Pages : 822, Published : April 2008

EDITORIAL WORK

1. THE DEEP FEMORAL ARTERY

D.A.Lapas, P.A.Leonardou, A.Papageorgiou, P.Soukouli, P.Krikis, **K.Xiromeritis**

Vascular and Endovascular Surgery, Part 1, Chapter 1

2. THE ARTERIES OF THE FOOT

D.A.Lapas, A.Paraschos, E.Kotsiomitis, P.A.Leonardou, S.Goulas, **K.Xiromeritis**

Vascular and Endovascular Surgery, Part 1, Chapter 1

3. SURGERY

Short Curriculum Vitae of a Doctor

By the Teaching and Research Staff of the First Surgery Clinic

Volume II, Chapter 15, Vessels, Arterio-Venous Communications

Honors

1. Best Poster Award:

The International Union of Angiology awards the best poster presented during the XXII World Congress of the International Union of Angiology in Lisbon, Portugal, 24-28 June 2006 to :"*Internal Carotid Artery Restenosis : Treatment with the use of Endoluminal Stents*"

C.Klonaris, N.Tsekouras, S.Georgopoulos, F.Markatis, **K.Xiromeritis**, A.Matthaiou, J.Belos, M.Moshou, M.Moustardas, C.Liapis, E.Bastounis

Foreign Languages: English (excellent) , German (excellent)

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